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About Diane Paulus
Director of *Amaluna*

Diane Paulus is the Artistic Director of the A.R.T. (American Repertory Theater), and is also a Professor of the practice of theatre at Harvard University's English Department. Having recently been named one of the '50 Most Powerful Women in Boston' by *Boston* magazine, she is also a recipient of an honorary doctorate from Boston Conservatory. *Amaluna* marks Diane Paulus' first collaboration with *Cirque du Soleil*®.

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INVESTIGATORS NAME VICTIM IN BODY-PARTS CASE, ADDING THERE'S NO THREAT TO PUBLIC SAFETY PAGE 3

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Johnny Depp, Halle Berry, Ryan Gosling, Keira Knightley and Kristen Stewart are among the stars expected in Toronto at next month's Toronto International Film Festival. ALL PHOTOS: GETTY IMAGES

Making an A-list, checking it twice

TIFF names red-carpet dream team. Festival set to open with the Joseph Gordon-Levitt and Bruce Willis time-travel flick, Looper

Ryan Gosling, Johnny Depp, Bill Murray, Kristen Stewart, Gwyneth Paltrow, Keira Knightley and Halle Berry are among the stars expected at next month's Toronto International Film Festival.

The annual movie bonanza, which runs Sept. 6 to 16, will screen 372 films, including 146 world premieres.

Other celebs set to hit the red carpet next month include James Franco, Tom Hanks, Kristen Wiig, Robert Redford, Robert De Niro, Bradley Cooper, Colin Firth, Kate Hudson, Kiefer Sutherland, Jake Gyllenhaal and Adam Sandler.

TIFF co-director Cameron Bailey said it's difficult to highlight just a few names from the long list considering how many A-listers are attending.

"They're all 'gets,'" he said with a laugh during a conference call with reporters on Tuesday. "None of this is guaranteed and we're excited to have all of them here."

But he did share one name he was personally thrilled to hear announced.

"He's a voice-over artist now but better known as a novelist — and his name is Salman Rushdie," Bailey deadpanned.

"He does the narration for Deepa (Mehta's) film Midnight's Children, so that's a personal thrill. I have a lot of respect for him as an author."

TIFF CEO Piers Handling said he's pleased with the variety of stars attending, from young up-and-comers such as Elle Fanning and Selena Gomez, to European stars Penelope Cruz and Marion Cotillard, to Hollywood veterans Terence Stamp and Vanessa Redgrave.

And festival attendees will also appreciate all the filmmakers that are coming, including Alex Gibney, Neil Jordan, Barry Levinson, David O. Russell and Joss Whedon, he added.

"In the eyes of many of the festival attendees the stars are the directors, because they're really an auteur-driven group of cinema goers," Handling said.

THE CANADIAN PRESS

Sept. 7-16

TIFF is rolling out the red carpet for food trucks.

- A rotating roster of three food trucks will be parked in front of the Bloor Hot Docs Cinema.
- Filmgoers can try tacos, pulled-pork sandwiches, lobster rolls and more as they wait in line.

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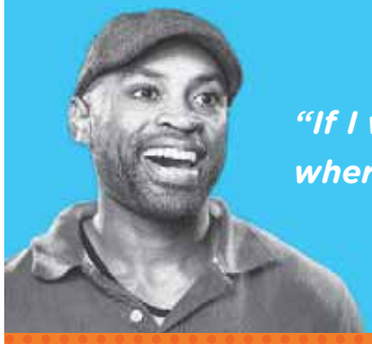

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Fountain of fun

Water play strikes mayor's fancy

Mayor Rob Ford is in love with a fountain.

Asked Tuesday about the ongoing Nathan Phillips Square revitalization, Ford told reporters he still thinks it is a waste of money.

The $51.5 million project includes building a new theatre-stage, skating pavilion, restaurant, a relocated and expanded Peace Garden and a nine-jet "disappearing" fountain in the centre of the square.

Ford changed the subject to the "really unique" fountain he saw in front of Edmonton city hall during a visit last week. "The sprinklers are going non-stop and the kids are running around the sprinklers, which I thought was an absolutely phenomenal idea which I want to look into," Ford said. TORSTAR NEWS SERVICE

Toronto police

Officer jailed for off-duty assault

When he was posted to a west-end high school as a resource officer, Toronto Police Const. Bryan Thomas won over skeptical students with his cool-headed approach to "conflict de-escalation."

But on Tuesday, a judge sentenced Thomas, 44, to 90 days in jail for assaulting Sarkoon Oraha, 45.

Thomas, while off-duty, pulled Oraha over to charge him with dangerous driving. In the ensuing altercation, Oraha suffered a broken jaw.

TORSTAR NEWS SERVICE

Bike courier death

Police reject Bryant's claim

Toronto police flatly reject criticism by former Attorney General Michael Bryant that police rushed to judgment when they charged him in the death of a bicycle courier in 2009.

Bryant, whose book 28 Seconds about the life-changing incident has just been published, told the CBC in an interview Monday that police charged him too quickly, before all the evidence was in.

"He is wrong," police spokesman Mark Pugash protested.

TORSTAR NEWS SERVICE

Michael Bryant. TORSTAR NEWS SERVICE

Layton tribute includes concert

On Wednesday morning, Dave Johnston will gather his chalk and spray and six-foot canvas and head to Nathan Phillips Square, to spend about six hours recreating a man who has been missed.

Johnston plans to etch his face in black and white, highlighting his smile under the farewell phrase of his letter to Canadians: "And we'll change the world."

Chalkmaster Dave, as Johnston is known, is part of the Dear Jack celebration, an afternoon/early evening tribute to Jack Layton on the one-year anniversary of his death.

Johnston is not involved in a political party. But like many Canadians, he was touched by the late NDP leader's last words.

"Most people, when they die, they want to die alone, just be with their loved ones," said Johnston, a 20-year street art veteran who also did chalk artwork at the NDP leadership convention in March.

"And this guy's writing a speech to the entire country on his deathbed, and I'm like, 'Wow, that guy really cared.'

"It became inspiring."

TORSTAR NEWS SERVICE

If you go

- The event starts around 2 p.m. in front of City Hall.
- A concert is scheduled for 6 p.m. and features Jason Collett, Ron Sexsmith and Raffi, among others. It is expected to end by 7:30 p.m.
- Both Layton's widow, NDP MP Olivia Chow, and his son, Councillor Mike Layton, are expected to speak to the crowd.

The Jack Layton monument at the Necropolis Cemetery in Riverdale. TORSTAR NEWS SERVICE

Spa owner identified as body-parts victim

Const. Erin Cooper holds a photo of the victim Guang Hua Liu, 41 Tuesday at Peel HQ in Mississauga. TORSTAR NEWS SERVICE

Mother of three. Single mom Guang Hua Liu, 41, reported missing Aug. 11

A single mother of three whose body parts were found scattered in Toronto-area waterways over the past week largely kept to herself, say neighbours in the townhouse complex where she lived and in the business plaza where she worked.

Guang Hua Liu, 41, was last seen by friends late in the afternoon on Aug. 10 after dropping her off in front of her "now-defunct spa" in east Toronto, Peel Regional Police said Tuesday at a news conference.

She was reported missing the next day and on Aug. 15 her right foot was found in the Credit River in Mississauga, about 45 kilometres west of where she lived in east-end Toronto.

Liu's head and hands were later discovered in the river in the Hewick Meadows Park area. And over the weekend, two calves, a thigh and an arm were found in West Highland Creek, just blocks away from her home.

Forensic tests have determined all of those remains belonged to Liu, but police still do not know how she died. They estimate the body parts had been in the water between five to seven days.

On Tuesday, residents in a quiet townhouse complex on Huntingwood Drive where Liu lived with an adult child were upset to hear one of their neighbours was now the victim of a homicide investigation.

Jason, who didn't want to give his last name, lived in the same row of houses as Liu. He said he didn't recognize her from her photo, but wasn't surprised because most people who lived in the area mainly kept to themselves.

He said there are many young families and elderly Chinese people in the complex. Peel Insp. George Koekkoek said Liu had two younger children but they lived with their father.

Investigators are not yet speaking about suspects, but they say they don't believe at this point there are other victims.

"We have no reason to believe that this is anything other than an isolated case and that's the focus of our investigation thus far," Koekkoek said.

"We're satisfied to this stage that there's no threat or danger to the public safety. If we have information to the contrary we'll be the first to advise."

A woman with a Toronto landlord firm that rented business space to Liu said she was the owner of a "holistic therapy" spa called Forget Me Not.

Liu signed a month-to-month agreement with Hanson Development Group in May and received a business licence in the same month, said the woman, who asked to not be identified.

"She was very nice and quiet.... (she'd) come in, hand in June and July rent cheques, say 'thank you' — that's it," the woman said, adding that Liu spoke to her through a translator.

The woman said that Liu had paid rent for August but not for September. She said nearby tenants saw police investigating the spa Monday. The spa is on the ground floor of a highrise residential building. THE CANADIAN PRESS

Spa business closed for past few weeks

- Imran Bachcha, a pharmacist who works next door to Liu's business, said the spa has been closed for nearly three weeks.
- He said he often saw both men and women come and go at the spa and didn't believe it was an illegitimate business.
- "Most of the time, the place is closed," said Bachcha, adding that he often saw Liu in the plaza parking lot but had never spoken with her. "We never had any problems."

1 NEWS

On the web

Can the first 14-billion years of the universe be condensed into a less-than-two-minute video? Scan the code to see it for yourself.

Kids learn to move like Cavalia

Almost 100 children ages six to 12 at the St. Lawrence day camp were taught some acrobatic moves, like making a human pyramid, and African dances from Cavalia's Odysseo, by some of the stars of the show on Tuesday. Now in its fourth month at the Toronto Port Lands, Cavalia is offering buy-four-get-four-free ticket deals, so that more children can see the show. CONTRIBUTED

Ford shoots down pleas to hire a driver

Standing by his decision. Mayor, caught reading while driving, says chauffeur would be 'waste of taxpayers' money'

One week after being photographed reading work papers while driving along the Gardiner Expressway, Mayor Rob Ford flatly refused pleas from his councillor brother and the Toronto Police Service to hire a driver.

"A million people a day go to work in this city and they drive themselves. I don't see why I'm any different, so right now I'm not planning to go out and spend 50, 60 thousand dollars to hire someone to drive me around.

"They offered me a car when I first got elected, and a driver, and that was well over $100,000 combined. I think that's a waste of taxpayers' money."

Ford made the comments, surrounded by boys from the Mooredale Lightning Gold 2000 U12 soccer team, at a news conference he called Tuesday to urge Torontonians to vote for them online so they have a shot at winning $125,000 to upgrade their pitch.

Ford's refusal to be driven made headlines last week when he caught reading his speech announcing a Chicago trade mission while driving to city hall.

Asked later if the photo on Twitter was him, the mayor shrugged: "Yeah, probably. I'm busy," and accused the reporter of a "ridiculous question."

That alarmed the Toronto police, who go to great lengths to warn drivers that driving distractions put lives at risk.

"On behalf of all the citizens of Toronto that value road safety, Mr. Mayor, please get a driver," Sgt. Tim Burrows, a social media officer, wrote on the police Facebook wall. "It is obvious that you are busy enough to require one and no amount of money you are saving by not having one is worth the life of one of your citizens."

Coun. Doug Ford said he has bugged his little brother to get a driver since his election in late 2010, and called the conduct that led to the photo uproar "beyond the point of ridiculous."

On Tuesday, after the mayor soundly rejected his advice, Coun. Ford shrugged and said: "I can't win. I tried my hardest." TORSTAR NEWS SERVICE

Quoted

"A million people a day go to work in this city and they drive themselves. I don't see why I'm any different."

Mayor Rob Ford

Seeking damages. Drake, Brown sued by model over June club brawl

A model who was injured during a bottle-throwing nightclub brawl between Chris Brown and Drake is suing both singers and the owners of the New York nightclub.

Romain Julien said in a lawsuit filed Monday that he suffered severe injuries during the June 14 melee, including a severed tendon in his right hand. Julien is seeking actual and punitive damages.

He is also suing the operators of the club Greenhouse and its basement lounge, W.i.P. The lawsuit was filed in New York Supreme Court.

Representatives for the nightclub, Brown and Drake had no immediate comment.

Chris Brown, left, and Drake. THE ASSOCIATED PRESS FILE

No criminal charges have been filed in the fight. Brown, NBA star Tony Parker and others were also injured. Police say the fracas started after members of Drake's entourage confronted Brown on the dance floor. THE ASSOCIATED PRESS

Efforts underway to bring injured Canadian home

Ex-Argo cheerleader Anna Leibenko, 24, slipped and fell off a catamaran in Croatia. This photo was taken during the trip. She hit her head and is in a coma, but has no travel insurance. Her family has been informed that if they don't return her to Canada and operate in the next few days, her chances are slim to none. So far, there are four fundraisers planned. Go to help-anna-leibenko.org for more info. CONTRIBUTED

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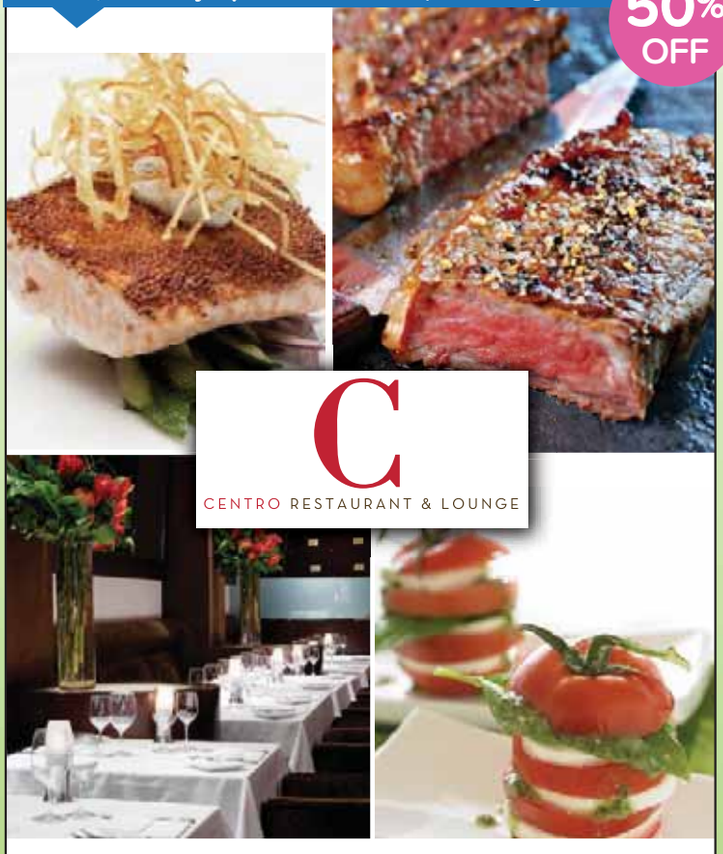

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Turkey

Girl dies of wounds in bomb attack

A 12-year-old girl became the ninth victim Tuesday of a bomb blast in Turkey's southeast, which has highlighted fears that Kurdish rebels seeking self-rule are becoming emboldened by moves toward autonomy by the Kurdish minority in war-torn Syria. Deputy Prime Minister Besir Atalay said the girl had died of her wounds and that three other children were among those killed when a bomb concealed in a vehicle exploded Monday night near the Syrian border, where refugees are sheltering in camps. THE ASSOCIATED PRESS

France

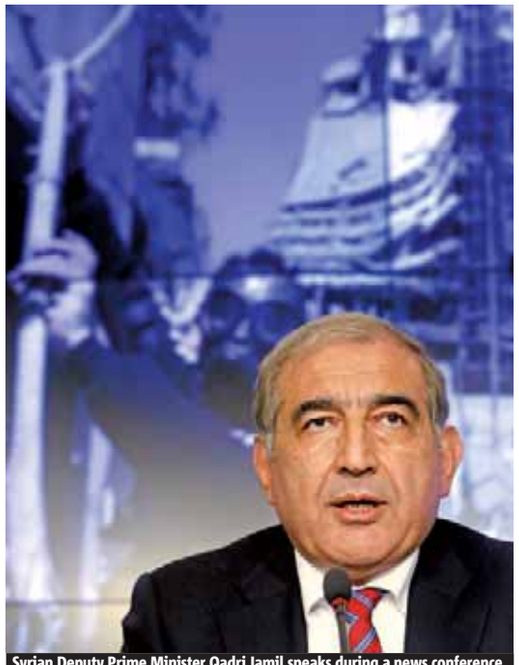
Floor plans to presidential palace stolen

The French government says thieves who broke into a vehicle at a Paris train station made off with a USB drive and discs containing floor plans for the French presidential palace, the main security agency and the Paris police department.

The Interior Ministry said Tuesday that the stolen documents weren't classified and that their disappearance put no one in danger.

THE ASSOCIATED PRESS

Syrian minister warns against U.S. intervention



Syrian Deputy Prime Minister Qadri Jamil speaks during a news conference in Moscow on Tuesday. SERGEY PONOMAREV/THE ASSOCIATED PRESS

Civil war. Qadri Jamil called Obama's warning over use of chemical weapons 'propagandistic threats'

President Barack Obama's warning over chemical weapons in Syria indicates the West is looking for a pretext for military intervention, a senior Syrian government official said Tuesday following talks in Moscow.

Syrian Deputy Prime Minister Qadri Jamil warned against any such intervention.

"Those who are contemplating this evidently want to see the crisis expand beyond Syria's borders," he told journalists in comments translated into Russian. The Syrian civil war, which began with a popular uprising in March 2011, is already spilling into neighbouring Lebanon.

Obama said Monday the U.S. would reconsider its opposition to military involvement in Syria if President Bashar Assad's regime deployed or used chemical or biological weapons.

Jamil described Obama's statements as "propagandistic threats" connected with the U.S. presidential election. However, he also said they indicate that "the West is looking for a pretext to intervene militarily," adding, "we must say that such intervention is impossible."

Russia, which along with China has steadfastly backed Syria and blocked UN sanctions on Assad's regime, earlier warned Syria against using chemical and biological weapons. THE ASSOCIATED PRESS

Negotiations

Jamil said the government would be willing to discuss Assad's resignation but only after the opposition agreed to join in negotiating a peaceful settlement.

- "Making his resignation a condition for dialogue effectively makes holding such a dialogue impossible," Jamil said. "During the negotiating process any issues can be discussed, and we are ready to discuss even this issue."

Delaware. Daycare workers allegedly formed toddler fightclub

A child care centre in Delaware has had its business licence suspended after police arrested three employees who allegedly encouraged toddlers to fight.

The arrests were made Monday after police discovered a cellphone video of three women working at the Hands of Our Future daycare in Dover, the state capital, allegedly encouraging two three-year-olds to duke it out.

"He's pinching me," yells one child in the video.

"No pinching, only punching," is a worker's response, according to the Dover Police.

"It was a difficult video to watch," Dover Police Capt. Tim Stump told FoxNews.com. "One of the kids involved ran over to one of the adults for protection, but she turned him around back into the fight."

Tiana Harris, 21, Estefania Myers, 21 and Lisa Parker, 47, have been charged with multiple counts of assault and endangering the welfare of a child.

"It's very disturbing to think anything like that could go on," said Amy Bickerling, whose four-year-old son is enrolled at the centre, to Delawareonline.com.

"I know these teachers. I go on all the field trips. I've never seen anything irregular," she said. TORSTAR NEWS SERVICE

Air Canada

Flight diverted for unruly passenger

An Air Canada flight en route to Calgary from London, England, had to be diverted due to an unruly passenger.

Air Canada spokesman Peter Fitzpatrick says police boarded flight 851 in Edmonton on Monday afternoon and removed a male passenger.

Mounties say a drunk man allegedly assaulted a female crew member and another passenger, and did some minor damage to the Boeing 777. There were 349 passengers and 11 crew onboard, and police say they subdued the man before the plane landed in Edmonton.

Thirty-five-year-old Justin Frank of Calgary is facing several charges.

THE CANADIAN PRESS

Storms, jellyfish stings end 63-year-old's attempt to swim across Florida Straits

Diana Nyad ended her fourth attempt in nearly 35 years to swim across the Straits of Florida on Tuesday, her dream of setting a record thwarted by storms, jellyfish stings, shark threats, hypothermia and swollen lips.

In a blog posting, crew member Candace Hogan wrote that Nyad angrily shook her head after being pulled from the water and planned to return to finish the swim after the storms subsided.

"When can I get back in?" Hogan quoted the swimmer as saying. "I want full transparency that I was out. But I have plenty left in me and I want to go on."

She was aboard a boat headed to the Florida Keys and was likely to arrive Tuesday afternoon.

Nyad, who turns 63 on Wednesday, was making her third attempt since last summer to become the first person to cross the Florida Straits without a shark cage. She also made a failed try with a cage in 1978.

THE ASSOCIATED PRESS

Endurance swimmer Diana Nyad rests after being pulled out of the water between Cuba and the Florida Keys early Tuesday.
DIANA NYAD/THE FLORIDA KEYS NEWS BUREAU/THE ASSOCIATED PRESS

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604 Bloor St. W
1348 St. Clair Ave. W
1461 Dundas St. W
2 St. Clair Ave. E
272 Danforth Ave.
471 Eglinton Ave. W
662 King St. W, Unit 2
939 Eglinton Ave. E, Unit 106
154 University Ave., Unit 101
2200 Yonge St., Unit 104
2397 Yonge St.
9A Yorkville Ave.
East York Town Centre
2400 Bloor St. W
919 Bay St.
525 University Ave.
45 Overlea Blvd.
Oriental Centre Mall
1448 Lawrence Ave. E
10 Clock Tower Rd., Unit B1A
1118 Finch Ave. W, Unit 1
6236 Yonge St.
3850 Sheppard Ave.
280 Spadina Ave.
4438 Sheppard Ave. W, Unit 151
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3015 Bloor St. W
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500 Rexdale Blvd., Unit H3B
1530 Albion Rd.
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7690 Markham Rd., Unit 1C
MISSISSAUGA
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60 Bristol Rd. E
920 Southdown Rd., BLD H, Unit 7
5100 Erin Mills Parkway, Unit V205
4141 Dixie Rd.
1250 Eglinton Ave. W, Unit A16
NEWMARKET
1065 Davis Dr.
18075 Yonge St.
17600 Yonge St., Unit EE22
OAKVILLE
1500 Upper Middle Rd., Unit 2
240 Leighland Ave.
OSHAWA
285 Taunton Rd., Unit 20
419 King St. W, Unit 2272
RICHMOND HILL
1070 Major Mackenzie Rd. E
THORNHILL
9200 Bathurst St., Unit 26
TORONTO
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6758 Kingston Rd., Unit 12
730 Danforth Ave.
333 Bloor St. E
2120 Queen St. E
8 Wellesley St. E
1965-1971 Yonge St., Unit A
120 Front St. E
660 Eglinton Ave., Unit 104
3151 Yonge St.
808 York Mills Rd., Unit 15-17
2400 Eglinton Ave. W
2900 Warden Ave.
130 King St. W. Unit CW15
3401 Dufferin St., Unit 108
1 Yorkdale Rd., Unit 180
1 Dundas St. W, Unit 2010
220 Yonge St., Unit H014
112-10 Dundas St. E
2901 Bayview Ave., Unit 128A
329 Parliament St.
200 Bay St., Unit UC – 132B
2248 Bloor St. W
330 Bay St.
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1080 Yonge St.
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Lighthouse gets a facelift

Workers strip paint from Nova Scotia's iconic lighthouse at Peggy's Cove on Tuesday. The repainting project will take about two weeks. The lighthouse is said to be one of the most photographed structures in Atlantic Canada. JEFF HARPER/METRO IN HALIFAX

Will a pig ban at fairs save our kids' bacon?

Swine flu warning. As a new virus infects more adults and children in the U.S., an expert says keep the porkers out

Should this little piggy be allowed at the fair? One U.S. expert says no.
KYLE ROBERTSON/COLUMBUS DISPATCH/THE ASSOCIATED PRESS

It has been found in pigs and people in more than 10 U.S. states and counting.

More than 200 people — most young children — have been infected by an unwanted visitor to many of the state and county fairs held at this time of year.

A new swine flu virus is infecting a growing number of people in the United States.

But the official response is low-key: Don't eat or drink while touring pig barns at fairs and wash your hands afterwards.

But one flu expert warns that's not enough.

Michael Osterholm says it's time to tell organizers pigs should stay home from the fair.

"I'm convinced that wherever you have pigs and fairs right now you're seeing this transmission," says Osterholm, director of the University of Minnesota's Center for Infectious Diseases Research and Policy, and of the Minnesota Center for Excellence in Influenza Research and Surveillance.

"These pigs shouldn't be at the fairs."

Osterholm added: "I'm not sitting here crying 'wolf' or 'fire.'

"But at the same time, we can't reassure people that this is going to be an uneventful situation. We don't know."

Late summer fairs such as the CNE, now underway in Toronto, are popular in Canada.

But they generally don't have the swine exhibits that are prominent features of American state and county fairs.

THE CANADIAN PRESS

Forget Me Not

So far the virus has not been found in pigs in Canada — no human cases have cropped up either.

- **True?** There are suspicions about that south of the border, given the degree of movement of pigs between the two countries.
- **Yes, true.** Dr. Jim Clark, of the Canadian Food Inspection Agency, says pigs coming into Canada — except if they're headed for slaughter — are quarantined for 30 days and are only released if they are healthy.

Kroeger proposed

Avril's singing a love song

It's a new Canadian musical power couple: People magazine is reporting that pop star Avril Lavigne and Nickelback frontman Chad Kroeger are engaged.

Lavigne, 27, and Kroeger, 37, first got together in February to co-write a song for Lavigne's upcoming album, People reports.

Now after a six-month relationship, they are planning to get married, a Lavigne aide said.

On Aug. 8, Kroeger reportedly proposed, presenting Lavigne with a 14-carat diamond ring.

TORSTAR NEWS SERVICE

Angry teachers

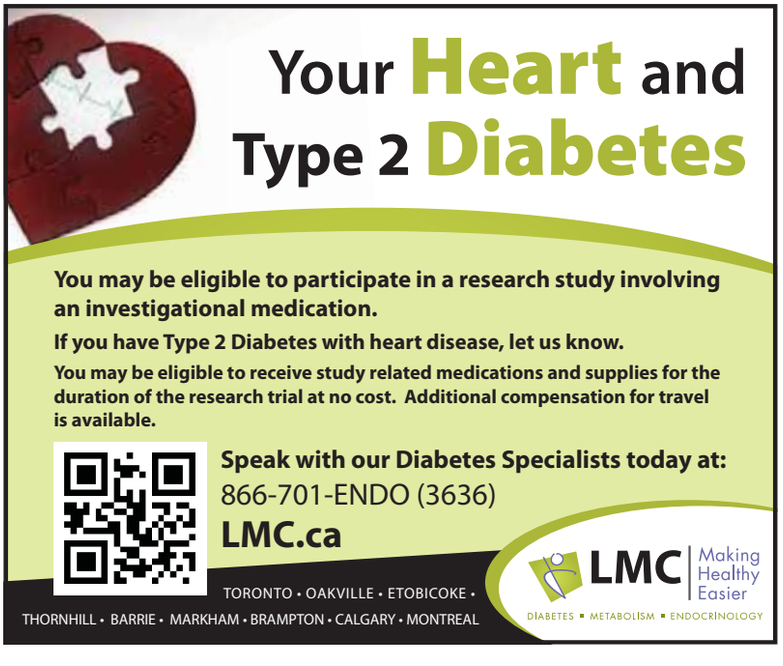
Broten: Grits not rolling the dice

Ontario isn't rolling the dice on a potential court challenge by foisting new contracts on teachers, even though it has turned out badly for other cost-cutting provinces, Education Minister Laurel Broten says.

The Liberals plan to introduce a bill next week that would rein in wages and cut benefits. It would also ban a strike or lockout for the next two school years.

Two big teachers' unions have vowed to fight the legislation in court.

THE CANADIAN PRESS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Endangered whale sightings on rise

California. Bumper harvest of krill bringing hungry humpbacks and blues close to Monterey Bay shore

Grab your camera and binoculars: There's rarely been a better time to go whale-watching off the California coast.

Tourists from around the world have been flocking to Monterey Bay to catch a glimpse of the massive marine mammals, including impressive numbers of blue whales — the largest animals on earth.

Longtime observers say they've seen a sharp increase in endangered blue and humpback whales feeding near Californian shores, where they spend the spring and summer before heading to their winter breeding grounds off Mexico and Central America.

Quoted

"When you see a whale in the wild, it's a life changing experience ... You're never the same person after you've had that kind of encounter with a wild animal."

Maureen Gilbert, an on-board naturalist for Santa Cruz Whale Watching.

"It's phenomenal that these humongous creatures are out there and we just get to go out on a boat and go out and watch them," said Santa Cruz resident Susan Stuart after a recent whale-watching cruise.

What's bringing the whales so close to shore? A bumper harvest of their favourite food: tiny, shrimp-like critters known as krill.

Strong northwest winds have been pushing up cold, nutrient-rich waters from the ocean bottom — a phenomenon known as upwelling.

That has fueled blooms of phytoplankton that have led to an explosion of krill, the main food source of blue and humpback whales.

But the rebound in whale populations has led to a new problem: More collisions with the giant cargo ships heading in and out of San Francisco Bay, one of the world's busiest ports, experts say.

Federal officials are working with conservation groups and the shipping industry on a plan to help protect the whales around San Francisco Bay. They want to reroute ship traffic and improve tracking of whales to reduce collisions. THE ASSOCIATED PRESS

Women enjoy some waves during Eid

Arab women enjoy the beach in Tel Aviv, Israel, during the third day of Eid al-Fitr, Tuesday. One of the most important holidays in the Muslim world, Eid al-Fitr marks the end of the fasting month of Ramadan and is celebrated with prayers, family reunions and other festivities.

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Heroic. Prince William comes to the rescue ... again

Four days after saving a 16-year-old girl from drowning off the coast of Wales, Prince William came to the rescue of an injured Canadian tourist in North Wales.

Darlene Burton, 58, of Barrie, Ont., was hiking with her husband along the coast on the island of Anglesey when she fell and broke a leg on Monday.

Her husband, Lawrence Oakley, says a helicopter was called in to transfer Burton to a local hospital.

Oakley says a Royal Air Force Sea King helicopter arrived shortly after and that's when they noticed that Prince William was the pilot.

Burton was flown to a hospital in Bangor, Wales where she underwent surgery.

Prince William THE CANADIAN PRESS FILE

Prince William has been a search and rescue pilot with the British Royal Air Force since September 2010. THE CANADIAN PRESS

Yukon. Harper shares more of his vision for the North

Prime Minister Stephen Harper expanded his vision of resource riches fuelling Canada's future and he's vowing to streamline environmental approvals to make those projects a reality.

Harper made the remarks Tuesday as he signed a revised resource royalty sharing agreement with the Yukon government that he said would ensure territory residents benefit from the "boom" in mineral exploration and development over the coming decades.

Harper kicked off his annual northern tour on Monday, touting the benefits of the resource economy to Canada's North but said it requires changes to environmental oversight. TORSTAR NEWS SERVICE

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2501 3rd Line

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Taunton/Harmony Plaza

Pickering
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Richmond Hill
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Scarborough
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Warden/Eglinton Power Centre
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Dufferin Mall
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Lawyer wants judge scandal case quashed

Manitoba. Head of inquiry into explicit photos says panel can't be judge and referee

The future of a Canadian Judicial Council inquiry into a Manitoba judge and her naked photos may hang on one question — can the panel overseeing the case also grill witnesses under cross-examination?

The issue is threatening to derail the inquiry into Lori Douglas, whose husband uploaded sexually explicit photos of her to the Internet in 2003, when the couple practiced family law at a Winnipeg firm.

Douglas's lawyer, Sheila Block, is upset that the panel's own lawyer, George Macintosh, is participating in the proceedings and aggressively cross-examining witnesses. She is asking the Federal Court of Canada to quash the inquiry, saying it has shown bias against her client. Block said Macintosh has engaged in "aggressive and argumentative questions, sexist and insulting references ... and attacks on (Douglas's) character and credibility."

The independent lawyer leading the inquiry, Guy Pratte, has also objected to Macintosh's questioning, saying the inquiry committee cannot act as both a referee of the proceedings and an active participant. The committee defends it has no option but to question witnesses.

"An inquiry committee retains a responsibility to search for the truth. It is performing a vital fact-finding mission," members wrote in a document, which details their decision last month rejecting Block's request to halt the inquiry.

The committee's lawyer grilled Douglas's husband, Jack King, last month about his claim that Douglas never knew he had kept nude photos of her and uploaded them to the Internet. Macintosh suggested it is hard to believe that Douglas never even asked what King was doing with the photos.

King uploaded photos of Douglas to an interracial-sex website. He also emailed photos to a client named Alexander Chapman and asked him to have sex with Douglas.

Chapman complained to King's law firm and King settled the matter by paying Chapman $25,000 to return all photos and never discuss the matter.

Chapman broke that deal in 2010 by complaining to the judicial council, insisting Douglas was part of the sexual harassment. Douglas has denied all allegations. THE CANADIAN PRESS

Behind the inquiry

- The inquiry is part public, part disciplinary hearing by a governing body.
- The five-member committee includes chief justices of Alberta, Prince Edward Island, and Newfoundland and Labrador, as well as two private lawyers.
- Nine inquiries into judges have been held in 40 years, one recommending a judge be removed.

Maryland train derailment kills two on tracks

Officials inspect part of a CSX freight train that derailed alongside a parking lot overnight in Ellicott City, Md., on Tuesday. Authorities say the train, hauling coal from West Virginia to Maryland, derailed and fell from a bridge near Baltimore, killing two college students who were on the tracks. Howard County officials say 21 of the train's 80 cars flipped over around midnight Monday. PATRICK SEMANSKY/THE ASSOCIATED PRESS

NYPD. Not one terrorist lead reaped from spying

In more than six years of spying on Muslim neighbourhoods, eavesdropping on conversations and cataloguing mosques, the New York Police Department's secret Demographics Unit never generated a lead or triggered a terrorism investigation, the department acknowledged in court testimony unsealed late Monday.

The Demographics Unit is at the heart of a police-spying program, built with help from the CIA, which assembled databases on where Muslims lived, shopped, worked and prayed. Police infiltrated Muslim student groups, put informants in mosques, monitored sermons and catalogued every Muslim in New York who adopted new, Americanized surnames.

Police hoped the Demographics Unit would serve as an early-warning system for terrorism. And if police ever got a tip about, say, an Afghan terrorist in the city, they'd know where he was likely to rent a room, buy groceries and watch sports.

But in a June 28 deposition as part of a longstanding federal civil rights case, Assistant Chief Thomas Galati said none of the conversations the officers overheard led to a case.

The NYPD is the largest police department in the nation and Mayor Michael Bloomberg has held up its counterterrorism tactics as a model for the rest of the country. After The Associated Press began reporting on those tactics last year, supporters argued that the Demographics Unit was central to keeping the city safe. Galati testified that it was an important tool, but conceded it had not generated any leads.

"I never made a lead from rhetoric that came from a Demographics report, and I'm here since 2006," he said.

Members of Congress have asked the Justice Department to investigate the NYPD. But John Brennan, President Barack Obama's top counterterrorism adviser, has said he is confident the NYPD's activities are lawful and have kept the city safe. THE ASSOCIATED PRESS

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Spain suspects wildfire was started deliberately

Disaster area.
11,000 wildfires have burned 1,400 square kilometres of woodland since Jan. 1

A firefighter walks past trees on fire in Tabuyo del Monte near Leon, Spain, on Tuesday. Some 500 soldiers have been deployed to help battle a wildfire authorities believe was started intentionally. PEDRO ARMESTRE/THE ASSOCIATED PRESS

Some 500 soldiers have been deployed to help battle a wildfire authorities believe was started intentionally, which has burned 80 square kilometres in northern Spain.

Aerial images showed clouds of smoke billowing skyward as the blaze cut across pine-tree hillsides around the town of Castrocontrigo, some 320 kilometres northwest of Madrid.

Castrocontrigo Mayor Aureliano Fernandez told Cadena SER radio on Tuesday that authorities believe the fire was started intentionally and the person responsible tried to start one in the area last week.

The Agriculture Ministry says most of the 11,000 wildfires between Jan. 1 and Aug. 14, have been started by people. THE ASSOCIATED PRESS

Brazil

Devil had nothing to do with church beating: Court

A Sao Paulo court has ordered the Universal Church of the Kingdom of God, one of Brazil's biggest evangelical churches, to pay $5,000 to Alcione Saturnino dos Santos, a follower who says he was beaten by pastors who allegedly thought he has been "possessed by the devil" while having an epileptic attack in 2001.
THE ASSOCIATED PRESS

Ecuador

Lava erupts from Ecuador's Tungurahua volcano on Tuesday. DOLORES OCHOA/THE ASSOCIATED PRESS

Volcano erupts

Ecuadorean authorities have evacuated 110 families from the vicinity of the Tungurahua volcano, 135 kilometres southeast of Quito, which has been spewing molten rock, ash and lava since the weekend. THE ASSOCIATED PRESS

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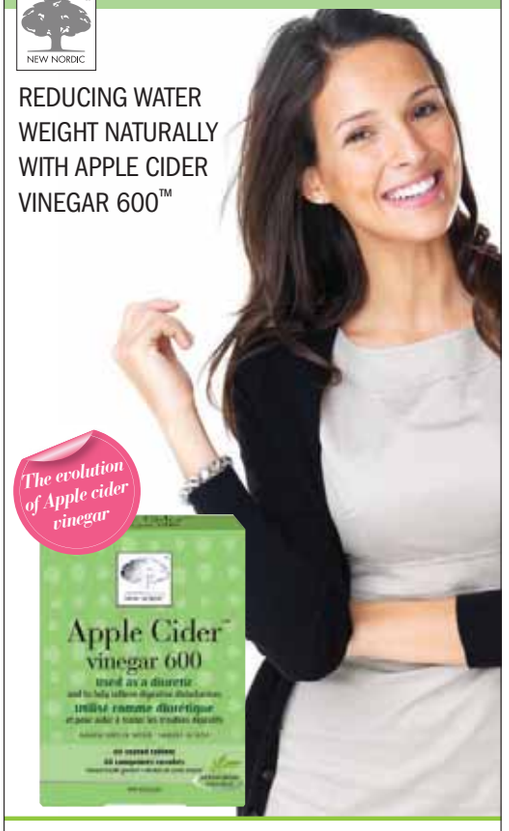

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British MP censured over rape remark in defence of Assange

Britain. WikiLeaks founder was accused of sex offences during a trip to Sweden in 2010

A British lawmaker was chastised by the leader of his own political party Tuesday over his claim that the sex acts WikiLeaks founder Julian Assange is alleged to have committed do not constitute rape.

George Galloway, a leftist political outsider who represents the anti-war Respect party, attempted to defend Assange in a video blog posted Sunday, saying that accusations against him showed "bad sexual etiquette, but whatever else it is, it is not rape."

Assange has fought for two years to avoid extradition to Sweden to be questioned over allegations of sexual molestation, unlawful coercion and rape made by two women. For the last two months, he has been hiding out in Ecuador's Embassy in London, where he is out of reach of British authorities.

A placard of WikiLeaks founder Julian Assange is seen outside the Ecuadorian Embassy in London on Tuesday.
ALASTAIR GRANT/THE ASSOCIATED PRESS

"Even taken at its worst, if the allegations made by these two women were true, 100 per cent true, and even if a camera in the room captured them, they don't constitute rape. At least not rape as anyone with any sense can possibly recognize it," Galloway said in the video. "It might be really sordid and bad sexual etiquette, but whatever else it is, it is not rape or you bankrupt the term rape of all meaning."

Salma Yaqoob, leader of the Respect Party, said Galloway's remarks on "what constitutes rape are deeply disappointing and wrong."

One woman accuses Assange of intentionally damaging a condom during sex. A second woman claims he had sex with her while she was asleep, which can be considered rape under Swedish law.

In a statement Tuesday, Galloway defended his remarks and insisted that Assange's actions would not constitute rape in Britain. However, British courts have rejected that claim in Assange's appeal hearings.

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Siberia

Woman accused of bra-zen murder

Russian investigators say a woman in East Siberia has strangled an elderly neighbour to death with her bra.

Investigators say the woman, 26, from the town of Zakamensk, was drunk in July when she and her boyfriend called on their neighbour, 65, for money to buy drinks. Angry that he refused to lend them money, the woman took off her bra and strangled him with it, they say.

The woman's name was not released.

THE ASSOCIATED PRESS

Pussy Riot

Hackers attack Moscow court site

Hackers have attacked the website of a Moscow court where three members of the Pussy Riot punk band were tried and sentenced to two years in jail.

The Russian offshoot of the loose-knit movement known as Anonymous tweeted that the website of the Khamovniki district court was down Tuesday.

THE ASSOCIATED PRESS

Rabbi wades into debate

Yona Metzger, Ashkenazi chief rabbi of Israel, briefs the media at the Federal Press Conference organization in Berlin on Tuesday. Metzger is in Germany for talks aimed at smoothing over controversy over the legality of circumcising young boys. German lawmakers have called for the government to draft a law this fall explicitly permitting "medically correct circumcision." That call came after a Cologne court concluded in June that circumcision amounts to bodily harm. MARKUS SCHREIBER/THE ASSOCIATED PRESS

U.S. Akin renews vow to stay in race amid rape controversy

A defiant Todd Akin dismissed pleas from top Republicans to abandon his besieged U.S. Senate campaign Tuesday, saying party leaders including presumptive presidential nominee Mitt Romney were overreacting to his comments that women's bodies can prevent pregnancies in cases of "legitimate rape."

Akin, who has been frantically trying to salvage his once-promising bid against incumbent Democrat Claire McCaskill in Missouri, said the uproar surrounding the remarks was out of proportion with his mistake — misspeaking "one word in one sentence on one day."

THE ASSOCIATED PRESS

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Honda releases first high-tech product for the home

Honda's Asimo robot shows off the new Miimo lawn mower. THE ASSOCIATED PRESS

Ahead of the curve. Robotic technology powers Honda's futuristic new lawn mower

Honda Motor Co. is releasing its first product for the home, a sensor-equipped lawn mower packed with its prized robotics technology.

Dubbed "Miimo," the mower goes on sale next year, retailing for around $2,600 to $3,000 — but only in Europe, where spacious lawns are often enclosed in gates.

The machine, which looks a bit like iRobot's Roomba vacuum cleaner, continuously shaves about three millimetres off the grass, maneuvering itself on sloped areas.

Honda robots, like its walking and talking Asimo robot, have sometimes been criticized as impractical toys, but the company is targeting 4,000 unit sales a year for the innovative Miimo mower.

THE ASSOCIATED PRESS

U.K. & Ireland

RIM appoints new executive

Research In Motion has made another change in its leadership, appointing a new managing director of its U.K. & Ireland business as it readies the launch of the BlackBerry 10.

He replaces Stephen Bates, who will become European regional managing director.

The company said Tuesday that Rob Orr would step into the key role starting Sept. 1. Orr has worked at RIM for more than six years, focused on global product management. THE CANADIAN PRESS

Market Minute

DOLLAR 101.04¢ (-0.13¢)

Natural gas: $2.775 US (No change)
Dow Jones: 13,203.58 (-68.06)

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Stock. Facebook closes lower, erasing Monday's gains after Thiel sale

Facebook's battered stock closed lower Tuesday, erasing some of the gains it saw a day earlier.

Regulatory filings revealed Monday after the stock market closed that Peter Thiel, Facebook's first big investor, shed most of his holdings in the social networking icon.

Thiel is also a board member.

Thiel originally invested $500,000 in Facebook in 2004. He sold 16.8 million shares in the company's May 18 IPO and another 20 million or so late last week after a lockup period expired. In all, he's reaped more than $1 billion US from the sales. THE ASSOCIATED PRESS

PayPal founder and Facebook investor Peter Thiel GETTY IMAGES

Down-south shopping

Higher duty-free exemptions boost cross-border retail

Higher duty-free exemptions for cross-border shoppers helped attract Canadians stateside in record numbers in June, analysts and retail groups said Tuesday as Statistics Canada reported 1.9 million overnight trips to the U.S. that month.

A StatsCan report released Tuesday says overnight trips to the U.S. rose 7.5 per cent in June compared to May, to 1.9 million — the highest level since 1972.

THE CANADIAN PRESS

Canadian nickel firm caught in Cuban corruption probe

Mining. Government officials and workers from joint Cuban-Canadian venture convicted in contract-expansion case

A Cuban court has convicted a dozen people of corruption, including high-ranking government officials, an executive at a state-run nickel company and workers from a project operating under a Cuban-Canadian joint concern, official media announced Tuesday.

In a case involving a contract for the expansion of the Pedro Soto Alba nickel and cobalt processing plant at the Moa mine, the sentences range from four to 12 years, the Communist Party newspaper Granma reported.

The court in the eastern province of Holguin took into account "the gravity of these acts and their harmful consequences in one of the strategic activities for the nation's economy, and the conduct of the accused, characterized by the loss of ethical values and deception," the bulletin read.

The announcement was the first official confirmation of a probe that since last year has been the source of rumour and private discussion by diplomats on the island, part of a crackdown on graft that has caught up several foreigners and sent a chill through the small foreign business community.

The Moa Joint Venture that controls the mining operation is operated in tandem by Cuba and Toronto-based mining company Sherritt International Corp.

Moa currently produces 37,000 tons of nickel and cobalt per year, according to Sherritt's website.

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TWO TINY, BEAUTIFUL BOOKS

JUST SAYIN'
Paul Sullivan
metronews.ca/voices/just-saying

Every once in a while, something wonderful this way comes.

In my case, that would be Cheryl Strayed, author of Wild, the New York Times bestseller that prompted Oprah to relaunch her book club.

Wild is a tour de force, a searing, soaring account of the author's 1,100-mile trek across the Pacific Crest Trail back in the '90s, when she was recovering from the death of her mother, a broken marriage and, oh, a heroin addiction.

If you have time left to add one to your summer reading list, I'd recommend Wild.

If Wild was the only reason to celebrate Cheryl Strayed's gifts as a writer, that would be enough. But there's more. She is also the heart, mind and soul behind Dear Sugar, the greatest advice column ever. Dear Sugar is a regular feature of therumpus.net, an online culture magazine. Strayed revealed that she was the writer behind Dear Sugar in February, and in July, Tiny Beautiful Things, a collection of her best advice, was published.

So far, it has spent its entire published existence on the New York Times bestseller list.

I'm recommending that you read Wild but I'm pleading with you to read Tiny Beautiful Things. It should be required reading for every struggling soul on the planet, and as far as I know, that's all of us.

Here's a sample. It's in response to an advice-seeker who is jealous of the success of fellow authors, especially those who score six-figure deals with their publishers. I can relate to that. Cheryl's diagnosis: "Could it be possible that the reason you feel like you swallowed a spoonful of battery acid every time someone gets what you want is because a long time ago — way back in your own very beginnings — you were sold a bill of goods about the relationship between money and success, fame and authenticity, legitimacy and adulation?"

Oh.

And here's her antidote: "But the people who don't give up … they've taken into their hearts the idea that there is enough for all of us, that success will manifest itself in different ways for different sorts of artists, that keeping the faith is more important than cashing the cheque, that being genuinely happy for someone else who got something you hope to get makes you genuinely happier too."

Wish I'd said that, especially the part about keeping the faith is more important than cashing the cheque.

But I'm not jealous, because Cheryl gives way more than she gets. And despite her (almost) overnight fame, she still turns up at readings for free and tutors aspiring writers, although, now that Reese Witherspoon has optioned Wild for some fabulous amount, it will be interesting to see if she can keep her feet on the ground.

Of course, she's pre-grounded. Trekking 1,100 miles through the Sierra Mountains lugging a 60-pound pack and wearing shoes that are too tight will do that to you.

Cheryl Strayed, author of Wild, the New York Times bestseller.
JONI KABANA/SUBMITTED

Knitting is child's play

NETPLAYWORKS/MASAKI KOIZUMI/REX FEATURES

Playful performance

Kids' playground knitted by artist

This crochet playground at the Takino Suzuran Hillside National Park in Sapporo, Japan, is made from thousands of pieces of nylon, created by hand over several months with a ton of yarn.

This is the brainchild of Japanese-born Toshiko Horiuchi MacAdam and her Canadian husband, Charles MacAdam.

METRO

Artist's view

"We love how popular the playgrounds are. Sports are good for some people, but not every child. They should use their bodies and have fun."

Japanese-born artist
Toshiko Horiuchi MacAdam

Origins of artwork

Kids climb, play and make art their own

After teaching textiles in the U.S. in the 1960s, Toshiko began exhibiting crochet art for museums. But when two children started playing on one of her pieces at a gallery in Japan, blissfully unaware of artwork etiquette, she watched nervously as they climbed into the structure, but was thrilled to find that her work suddenly came alive in ways she had never really anticipated. **METRO**

Guerrilla knit-wear

Today, crochet art goes like a bomb

Yarnbombing — covering objects in public spaces with knitted, crocheted material — has surged as a form of counter-culture art in recent years. Guerrilla artists worldwide boldly adorn famous urban structures and monuments with wool and now have their own International Yarnbombing Day, celebrated in June. **METRO**

Metropolitan Panel

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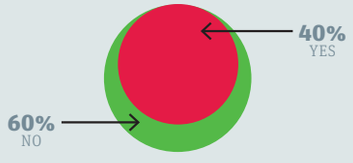

Twitter

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CNE Bound soon! #allaboutthefood

@fastalbert:
Sometimes I just wanna bust a move in da subway #toronto #ttc

@aubrey_harris:
Thoughts with the family of Hua Guang Liu.

@natecordery:
You know what would look good at Ontario Place? A new ballpark. #Toronto #BlueJays

@mitchhweber:
Kristen Wiig is coming to #TIFF...I need to find her. I need to capture her. I need to wed her.

@MikulB:
I would like to announce that I am currently on the CNE diet. #fatty

metro
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Enjoy this winning favourite road trip story and then get writing!

My favourite road trip was during one of the hottest summers in history. We piled into our little 1976 Mustang and after a few hours on the road we had to pull into a small town. The transmission was blown! I remember my Dad driving away backwards in the only gear that worked to find a service station. After an overnight stay, the car was fixed and we finally arrived at our destination. The timeshare is located on a golf course surrounded by majestic pine trees that were full of squirrels. Somehow, the thought of placing a trail of peanuts from the deck to the living room was the next best idea since sliced bread. It actually worked and one friendly squirrel didn't seem to mind until someone slammed the balcony door shut. One thing we observed years before that Sci-Fi movie came out, a living animal can run straight up a wall and as a family we can certainly scream and make a lot of commotion. Finally, it was safely whisked outside with a broom. After a fun week of swimming and squirrel wrangling, it was time to head back home. But the fun didn't end there, as we were driving back a sudden rain downpour blew something hard against our windshield and my Dad stopped to investigate. We didn't really know what happened until a few hours later when my Dad announced we were having duck for dinner. It was a road trip that I will never forget.

Our congratulations go to,

Edwin Sanchez
Calgary, AB

Celebrity reading room

Oscar-winning thespian Emma Thompson has revived Beatrix Potter's mischievous bunny. The Further Tale of Peter Rabbit, published 110 years after Peter's first adventure, is out in September. Thompson is the latest in a lengthy line of stars who have hopped on the bright-eyed and bushy-tailed celeb children's lit bandwagon.

MIKE DOJC
scene@metronews.ca

Jay Leno: If Roast Beef Could Fly

The comedian churns a childhood memory into a breezy bedtime yarn that may leave tots salivating in their sleep over a giant hunk of juicy rotisserie meat. Leno's father is ready for his next project — a new patio, so they can throw an epic barbecue. The titular event occurs when Jay, mesmerized by the tasty revolving beef, jabs his plastic comb into it in a clumsy attempt to sneak a sample of the meat before mealtime. Jay's plan backfires when his comb gets stuck and melts. Papa Leno is forced to chuck the spoiled roast beef out the window to the delight of the dog. **Flavour:** "My Dad's side of the family is Italian. Every Sunday we have 400 pounds of meatballs, half a ton of spaghetti, a swimming pool's worth of sauce!"

Jimmy Buffet and Savannah Buffet: The Jolly Mon

The Cheeseburger in Paradise crooner teamed up with his daughter on this laid-back escapist odyssey. Based on the beach balladeer's ditty Jolly Mon Sing, the dreadlock-rocking protagonist is a singing fisherman from the fictional Caribbean island of Bananaland. He finds an enchanted guitar floating in the bay that comes with instructions to play music around the world. Along the way the hero encounters a nefarious band of pirates led by One-Eyed Rosy and a groovy dolphin who saves his life. The father-daughter tandem also authored Trouble Dolls, another folklore-filled romp. **Flavour:** "The Jolly Mon had never played a guitar before, but the moment his fingers touched the strings, he knew how to play."

Julianne Moore: Freckleface Strawberry

Teased for her dotted complexion, Freckleface Strawberry, a nickname the famous redhead herself was bullied with as a child, tries all sorts of ways to hide her freckles — from soap and makeup to more drastic measures. It's an inspiring modern take on The Ugly Duckling plotline, only instead of transforming into a swan, she learns to accept and love the skin she's in. Sequels Freckleface Strawberry and the Dodgeball Bully and Freckleface Strawberry: Best Friends Forever keep the life lessons flowing. The series was also adapted into a theatrical production, Freckleface the Musical. **Flavour:** "You have to meet the new girl. She wears a ski mask all the time."

Molly Shannon: Tilly the Trickster

The SNL alum's latest character is a squirrely little prankster, and everybody in her life, from family members and school chums to her teacher, are targets. Her sly antics continue unabated until the folks she plays tricks on the most often wise up and Tilly gets a taste of her own medicine. While filling cookies with toothpaste may not be as zany as Shannon's pratfalls as Mary Katherine Gallagher, four year olds seem to laugh just as hard. **Flavour:** "First, I grab a paper cup from the cupboard. Then I carefully poke a hole in the side of the cup with a pencil. If this ever-so-clever trick works, water will spill through the hole when Daddy tips the cup to take a drink."

Madonna: The English Roses

The first of Madge's kiddy tomes centres around a group of fashionable London schoolgirls who exclude a classmate from their sleepovers and other soirees — they are jealous of how pretty and perfect she seems. When a fairy Godmother gives the gals a glimpse into the ostracized girl's world they discover that her mother passed away and she does all the household chores. The Roses realize their folly and bring her into their circle of friends. Madonna's total transformation from material girl to moralizing momma is evident in her growing collection of lesson-laden storybooks. **Flavour:** "It all sounds so perfectly fun and nice. And in many ways, it was. But there was only one problem. They were all a little bit jealous of another girl in the neighbourhood."

SCENE2

On the web

Taylor Swift to perform at VMAs, Fierce 5 U.S. Olympic gymnasts to present at awards show

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Hollywood's unlikely go-to guy

Joseph Gordon-Levitt. This rising star has yet to settle into an easily defined persona

IN FOCUS
Richard Crouse
scene@metronews.ca

Joseph Gordon-Levitt in Premium Rush. SUBMITTED

In Hollywood careers are built on images. While actors often complain about being pigeon-holed, for many being synonymous with a genre has been the cornerstone of their careers. Think Stallone, think action pictures. Drew Barrymore is joined at the hip to romantic comedies and the very sight of Jim Carrey causes laughter.

Then there's Joseph Gordon-Levitt.

He's quickly becoming one of Hollywood's go-to guys even though he has yet to settle into an easily defined persona.

He's been acting since age four, but the first time most of us saw him he was playing an ancient alien trapped in an adolescent's body on the sitcom Third Rock from the Sun. He left the show after six years and for a time made the kind of films you would expect a young sitcom star to make: 10 Things I Hate About You, a teen version of Shakespeare's The Taming of the Shrew and the animated Treasure Planet.

Then things got interesting.

After a short break from the screen to study at Columbia University he vowed to "only make good films." What followed is an eclectic IMDB listing that includes everything from low-budget movies like Manic, to indie comedy 500 Days of Summer, to his blockbuster work with Christopher Nolan in Inception and The Dark Knight Rises, and this weekend's thriller Premium Rush.

Here's a look back at some of the films that made the former sitcom star into one of the most in demand actors working today.

Made for just $500,000, Brick is a high school film noir featuring Gordon-Levitt as a teenager who investigates the disappearance of his girlfriend. The twist is, the dialogue — like "the ape blows or I clam" — sounds ripped from Dashiell Hammett's playbook. The actor will soon be seen in Brick director Rian Johnson's next film Looper.

In Mysterious Skin he wore blue contact lenses to play a child-abuse victim turned hustler. Roger Ebert wrote, "This is not an easy movie." And the Guardian called it a "disorienting hallucination of a film." But both praised his performance.

The Lookout sees him playing a man with a head injury: "The hardest thing I've ever done in my life," he said. While in Killshot, he's a wannabe assassin opposite Mickey Rourke.

It's these off-the-wall choices, mixed with more mainstream fare, that prompted the Philadelphia Inquirer to describe Gordon-Levitt as a "surprisingly formidable, and formidably surprising, leading man."

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The cost of car insurance is a major expense for most people, and rising rates often seem unavoidable. But an increase in your premium is not always something you can't avoid. Often, simple errors lead to over-paying for insurance. These four mistakes are the quickest way to see higher premiums.

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Not shopping for rates before you buy a new car. People often find themselves shocked by the cost of insurance on their new car, but there's a way to avoid that. Every car comes with a different insurance rating, and some are pricier than others to insure. When you're considering options, get car insurance quotes on each possibility before you make a buying decision.

Failure to shop around at regular intervals. Many people avoid it because they believe it's a hassle, or think they can't get a better rate. This is one expensive mistake. People who take the time to shop around almost always pay less; and with internet quoting sites like InsuranceHotline.com, it's easier than ever.

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Fox returning to TV with comedy series

Overcoming Parkinson's. New drug regimen is helping to manage actor's disease, allowing him to take on more acting roles

Michael J. Fox. GETTY IMAGES

NBC has made it official: Michael J. Fox is coming back to series TV more than a decade after he left to concentrate on fighting Parkinson's disease.

His new comedy series, based loosely on his personal life, has a 22-episode commitment from NBC and is set to premiere in fall 2013, the network announced Monday.

The single-camera comedy, thus far untitled, will feature Fox as a husband and father of three from New York City who is dealing with family, career and challenges that include Parkinson's, the network said. No further casting was announced.

The executive producers and co-creators are Will Gluck (Easy A, Friends with Benefits) and Sam Laybourne (Cougar Town, Arrested Development), with Gluck producing through his Sony Television-based Olive Bridge Entertainment. He also will direct the pilot.

Fox first won stardom for his work as Alex Keaton on the hit comedy Family Ties, which began its seven-season run on NBC in 1982.

"To bring Michael J. Fox back to NBC is a supreme honour," said Robert Greenblatt, chairman of NBC Entertainment, "and we are thrilled that one of the great comedic television stars is coming home again."

Quoted

"I'm extremely pleased to be back at NBC with a great creative team and a great show."
Michael J. Fox

He called Fox "utterly relatable, optimistic and in a class by himself."

The 51-year-old actor was diagnosed with Parkinson's disease in 1991. In 2000, he left his ABC comedy Spin City after four seasons, saying he intended to focus on helping find a cure for the disease.

He founded the Michael J. Fox Foundation, which is dedicated to finding a cure for sufferers of Parkinson's disease while promoting the development of improved therapies and raising public awareness of the disease.

Since then, he limited his acting appearances to guest shots on series including Rescue Me, Boston Legal, Curb Your Enthusiasm and The Good Wife.

But in May, he told ABC News that a new drug regimen has helped him control the tics that are a result of the disease and could allow him to take on more acting roles.

His feature films include the Back to the Future trilogy, Teen Wolf, Bright Lights, Big City and Casualties of War. He has won five Emmy awards.

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Sceneopolis

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Allan Thicke GETTY IMAGES

For most 30-somethings, Canadian Allan Thicke, who played Dr. Seaver on Growing Pains, was the dad we all wanted to have. And while that may be your lasting memory of Thicke, he's back in native Canada playing game-show host Jack Bailey in the new musical: Queen for a Day.

Queen for a Day is based on a 1960s TV show of the same name; an iconic show that some say was the forerunner to today's reality TV. Hosted by the ever optimistic Jack Bailey, Queen for a Day's basic premise was for housewives to recount tales of personal hardship in order to be named: Queen for a Day. The queen was decided by the TV show's patented: applause meter.

The musical Queen for a Day was creatively spearheaded by local resident NATALIE BARTELLO and is set for its world premiere right here in Toronto. With original songs, the musical showcases the relationship between host Bailey and contestant Claribal Anderson who's experience on the show makes her rethink her commitment to being the perfect 1950's housewife. Queen for a Day premieres on Sept. 26 and runs for one week only. Sceneopolis subscribers receive up to 25 per cent off their ticket price. And don't forget that the second inTO event, Ah Sey One, a spirited experiential reggae happening featuring Cameron Bailey (TiFF) and Brendan Canning (a member of Broken Social Scene) is next week on Aug. 29!

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Rome without Sublime: Musician starts solo career

Rome Ramirez GETTY IMAGES

Ska-punk. Although summer tour all about Sublime, Rome Ramirez debuts album Dedication

LINDA LABAN
scene@metronews.ca

What's it going to be? Rome? Rome Ramirez? Rome Without Sublime? The latter-day singer for the So-Cal ska-punk veterans just released his solo debut, the Dedication EP, but what to call his new band?

"How about just The Incredibly Handsome Rome," Ramirez jokes. "(People will think) 'We need to check out this incredibly handsome boy!'"

He laughs before continuing more seriously.

"I have my best friends that I've grown up with playing music on stage with me in the band," he says of his solo project, which will likely be named Rome. "It's awesome: Now I get the chance to pass the torch down to my friends. It's the most beautiful gift to be able to offer someone an opportunity."

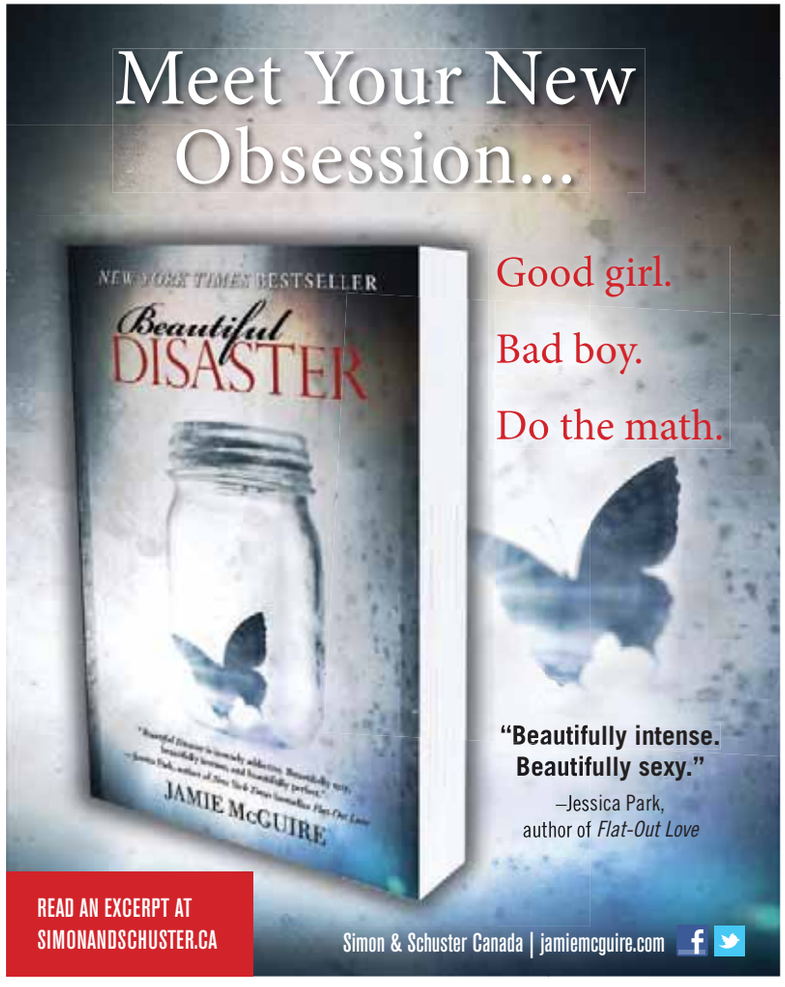
Ramirez will follow with a full-length record, but for now, he and Sublime co-founder, bassist Eric Wilson, are concentrating on promoting last year's Sublime with Rome debut album, Yours Truly.

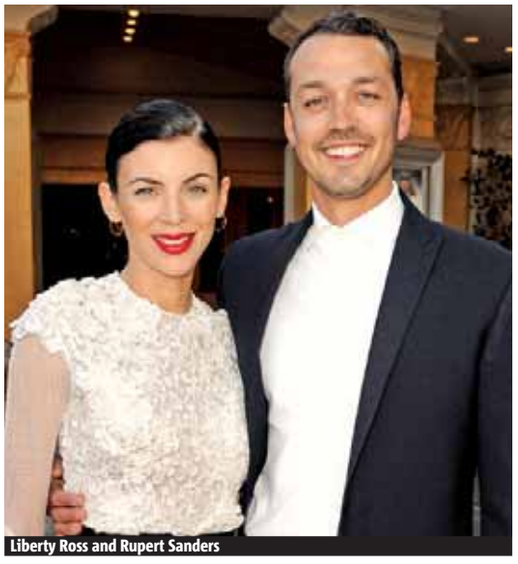
Sublime's original drummer, Bud Gaugh, opted out after recording the album; Josh Freese (who has played with everyone from Guns N' Roses to Devo) is behind the kit for now.

"Sublime will always be my main priority," adds Ramirez. "I'll do my album around that. I don't want to rush this; it will be how I want it, when I want it. Time is on my side."

Rome won't roam too far this summer.

Rome's solo songs speak to the same sunny So-Cal grooves as Sublime's, so it's no wonder he fit easily into much-loved frontman Bradley Nowell's shoes. (Nowell died from a heroin overdose in 1996.) But the summer tour is all about Sublime: "I'd love for fans to love my music as much as they love Sublime's, but I do really want to keep the difference between (them) when the fans come out to see Sublime. I really do want to keep it separate and draw a line."





Liberty Ross and Rupert Sanders

Liberty Ross spreads wings in blog post

Rupert Sanders' wife, Liberty Ross, is trying to send a message with her latest blog post for Vogue UK, but it's not entirely clear what that message is.

Ross — who hasn't updated the blog since news broke of Sanders' affair with actress Kristen Stewart — published an image of an eagle with its wings spread under the title "Liberty," prompting many to speculate she's leaving Sanders.

New York magazine insists the image "is meant to be a statement of freedom and independence," and commenters on Ross' blog seem to be taking it that way as well.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Ryan Lochte to hand out roses?

THE WORD
Monica Weymouth
scene@metronews.ca

With four years until he's due in Rio, Olympic swimmer Ryan Lochte is scoping out a side job in reality TV.

At the top of the list is The Bachelor, whose producers have been informed that they'll need to come up with at least $750,000 for such high-quality abs.

But even if they pay, Lochte may pass.

"Ryan is acutely aware that he has to attach himself to the right projects and endorsements that won't do damage to his all-American image," a source tells RadarOnline.

"As much as he'd like to do it, Ryan does have some reservations about The Bachelor because he wouldn't have any control on how he is portrayed on the show."

Ryan, at this point there's nothing more American than compromising your reputation, marriage and career in the name of fleeting fame. Consider this our blessing.

American Idol targeting new judges

Nicki Minaj

Time is running out for American Idol to fill up the judges' table for its 12th season, and producers are reportedly circling a couple of options for new talent. According to the Associated Press, "a deal is in the works" for singer Nicki Minaj to come on-board, joining Mariah Carey, who was added to the lineup last month. And a source tells People magazine that Enrique Iglesias is also in talks to join the reality singing competition. "Idol has expressed a lot of interest, but no final word on either side yet," the source says.

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@DebbieReynolds1
The world is a sadder place for all of us who love to laugh. I love Phyllis Diller. Comedy will never be the same and neither will I.

@JohnStamos
hate it when my stand-in is younger and better looking than me.

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Hand specialists say one of the most common ailments they treat is "texting thumb." In showbiz it has to be "flipping-off middle finger."

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LIFE 3

On the web

Fogo Island Inn and art gallery aim high with luxury rooms on the wild Atlantic.

Planning a vacation is exciting, and made even more thrilling when you're going with someone special. Except it doesn't always work out perfectly. When it comes to packing and jumping on a plane, everyone has their own travel personality. Here's how to handle some of them.

MAE GIFFORD
life@metronews.ca

5 travel personalities

1 The over planner

You're in Paris and they're intent on touring the Louvre, Arc de Triomphe and Eiffel Tower by noon on the first day. Keep up at this panicked rate and you're bound to see the entire City of Lights in record time, but won't remember any of it. Suggest one afternoon of people watching in a public square over a carafe of French wine. Their shoulders will drop in no time.

2 The person who hates travelling

They haven't travelled in years but somehow you convinced them to come on your dream cruise. Big mistake. They hate sleeping in a strange bed, new scenery, food, water and boats. Instead of throwing them overboard, try to compromise on activities you'll both enjoy. Joining them in the casino for a few hours (gag!) may translate into you getting the most out of your trip with fewer complaints.

3 The embarrassing keener

Armed with their Lonely Planet guidebook, which they studied for months, this friend will regurgitate every iota of information they know at each attraction you visit. Even better, they're hell-bent on speaking the language, which typically includes them shout-sputtering random words at locals. Nip this annoying behaviour in the bud by suggesting they'll get much more out of the experience if they don't have their nose stuck in a book the entire time. If all else fails, accidentally "lose" it.

4 The under planner

They had no opinion on which country to see and now that you've landed, they're just along for the ride. Instead of getting frustrated at their lackadaisical attitude toward travel, embrace it! This is your opportunity to design the trip you've always wanted without any complaining. This type of personality can be convinced to do anything, so be as busy or relaxed as you like. The best part is that they're going to love the trip because they had no expectations.

5 The obvious tourist

Money belt? Check. Canadian flag in plain sight so no one confuses you with an American? Check. Comfortable New Balance walking shoes and socks that reach mid-calf? Check. Canadian tourists stick out like sore thumbs and it's not just embarrassing, it can also put you at risk for pickpocketing or schemers. The simple rule is to dress on vacation like you normally would. But if your wardrobe includes any of the above items, you can't be helped.

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A haven in eastern Algarve

The old town of Tavira in southern Portugal is close to quiet beaches and great seafood restaurants. Now there's a charming new hotel to complete the picture.

CÉLIA PEDROSO
life@metronews.ca

There are still places in this world left untouched: The unspoilt area of Tavira, in southern Portugal, has resisted the built up landscapes that have unfortunately spread through central and western Algarve. Its charms have attracted people like Hallie and Tim Robinson, an English couple who left their busy careers in London to start a new life running a country luxury hotel near Tavira, at the far east of the Algarve, called Fazenda Nova.

It's a dream come true for this young couple who settled here in 2008 with their three children. Restoring and transforming the 19th century family house took five years. The building kept the Algarve architectural features, like the traditional chimneys and terraces, while the fantastic natural gardens mix the almond, olive and carob trees with sitting areas and pods. But inside the hotel is modern in style and materials — like polished concrete — and comfort, too.

This ten hectare secluded property can be the perfect place to relax and discover the surrounding area: Tavira, Fuzeta or Olhão and its paradise beaches.

Fazenda Nova has its own orchard, vegetable and herb gardens. During harvest time guests are welcome to take part in the activities. Products from the farm, including a high quality olive oil, and from the local markets of Olhão and Tavira can be found in the restaurant A Cozinha. This is one of the highlights of Fazenda Nova, led by two chefs, one Portuguese, one English: Ricardo Aragão and Kate Lewis. David Eyre (founder of London's The Eagle and Eyre Bros) is an old family friend and was there, giving guidance to the menu. Another important feature of Fazenda Nova is a 200-year-old oven where a delicious bread is baked everyday.

Fazenda Nova / ED REEVE

Hallie and Tim designed the gorgeous interiors, mixing Portuguese traditional objects with Indonesian and Brazilian furniture. An impressive collection of knick-knacks and artwork shows their passion for design and antiques.

In the library it's a joy to discover the complete collection of the British iconic magazines The Face and Arena — Hallie's father, Nick Logan was the founder of those publications.

After all the hard work, the couple shows no sign of missing their London life. Hallie was a director at a PR company and Tim had a logistics company. When he suffered a mild heart attack, an alarm rang: their dream couldn't be postponed anymore.

It's now true, and the Algarve definitely has a new and special place.

Quote

"Restoring and transforming the 19th Century old family house took five years."

Tim Robinson, co owner of Fazenda Nova

What to do

- **Don't miss.** The nearby old town of Tavira, with salt pans, a Roman bridge, old churches and a beautiful beach. Also, the Ilha de Tavira, which you have to access by boat, crossing the lagoon of Ria Formosa.
- **Boat trips.** In Ria Formosa. A great way to get to know the area is getting on a cruise along the natural park of Ria Formosa, with a system of barrier islands and stunning beaches, which you have to access by ferry or small boat. It's also a paradise place for bird-watching or cockle and clam picking. Ria Formosa is also known for the Portuguese Water Dog. Bo, the Obama family dog, is a Portugese Water Dog.
- **The fabulous flea market.** In Fuzeta by the lagoon, it takes place on the first Sunday of every month. You can go to the beach too, getting on the ferry. Barril/Pedras d'el Rei is the closest beach to Fazenda Nova that can be accessed by a small and fun train journey or a walk through the park.

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Venture into Alaska's wild, in style

Review. Cruise into the north; room service included

JULIA FURLAN
Metro World News

It's not often that you set down your fork to watch a whale arch out of the water at sunset. Unless you're on a cruise in Alaska, in which case the postcard-worthy moment is just part of the decor. There is a lot of wild and astounding beauty in Alaska — crystalline blue glaciers, snowy mountains skirted in lush greenery — and it's a lot easier to see it surrounded by the creature comforts of a cruise ship.

Ships like Royal Caribbean's newly renovated Rhapsody of the Seas have the kinds of amenities that can adapt to a wide array of travellers. Newly refurbished rooms mean that cabin time is truly relaxing (room service is no extra charge) — and for those who prefer to kick back with a cocktail, the retro-inspired R-bar makes first-rate mixology a priority.

Enjoy the view, bring a parka. THINKSTOCK

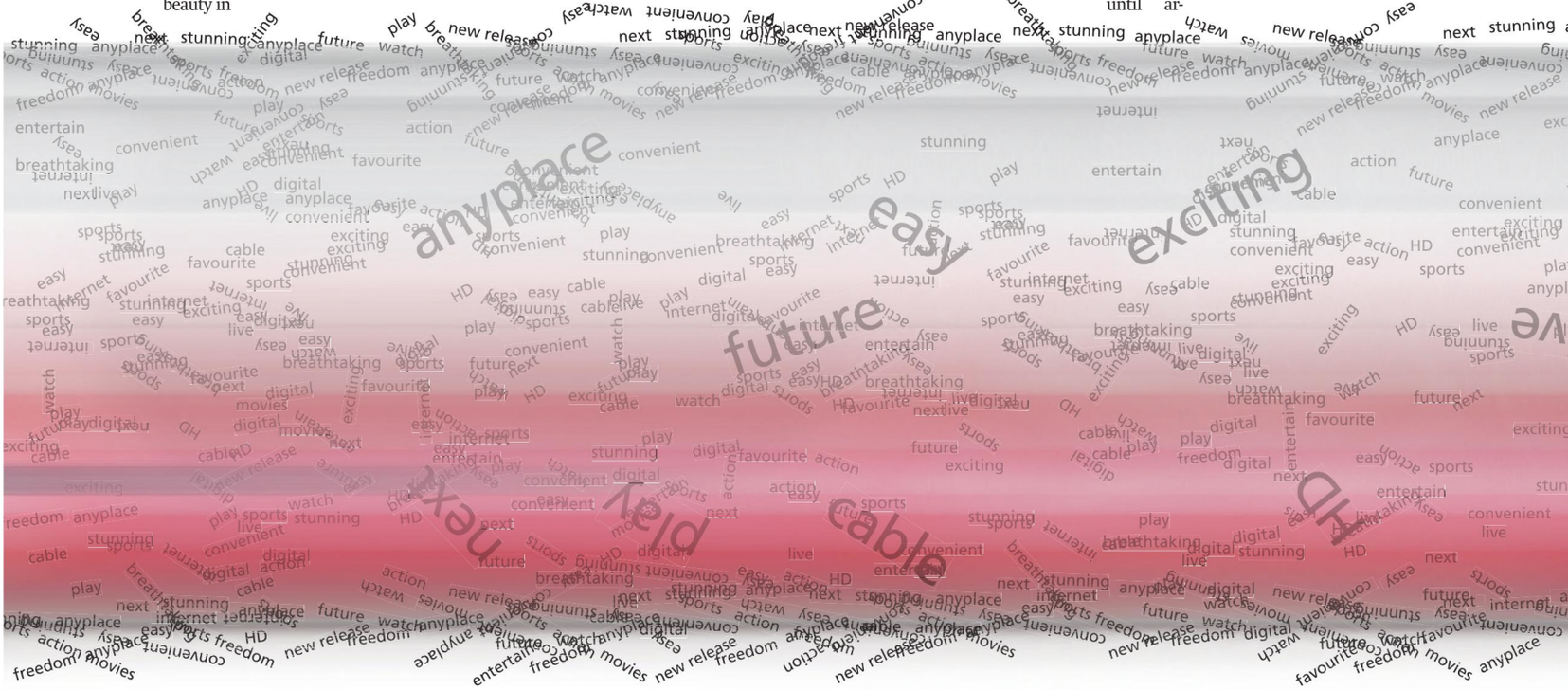
Day trips

Excursions can seem like a pricey addition to a cruise vacation, but they are the easiest way to fit a few more spectacular vistas into a trip. In Juneau, the sea plane trip to the Taku Lodge takes passengers over ice fields that are raked with pools of fluorescent blue ice. At the lodge, signs warn against bears who, like the humans, are drawn to the open-fire grills of fresh-caught Alaskan salmon.

Further north in Skagway, the town's few streets are set at the foot of mountains that catch the morning sunlight like the Paramount logo (minus the circle of stars). The steam railroad trips that spiral down the mountains have breathtaking views of the area's mountains that go from solid snow at the top, passing by waterfalls until arriving at the lush green that surrounds Skagway.

All-inclusive

Possibly the best thing about floating around a beautiful place on a ship is the versatility that's available for each traveller to choose his or her own trip. Families with small children can make use of day care to see sights while the tots are entertained. And travellers of all ages (and all skill levels) can access rugged Alaskan nature unburdened by luggage.



My favourite place in Canada.
Marilyn Denis returns to Lake Louise when she needs to reflect on life

I get the biggest rush out of driving from Calgary towards the Rocky Mountains.

My parents retired in Calgary and though they're no longer with us on the planet, my son lives there now.

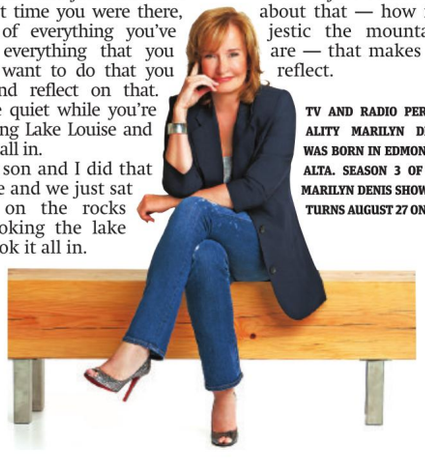
This past year when I went to visit him in Calgary, I said, "We have to go to the mountains."

We went to Banff for a couple of days and we took the scenic trip around Lake Louise.

There's just something about the mountains; they're always there, they never change, you get older, but they don't.

One of the things my dad told me a long time ago was to go to Lake Louise, stand in front of the lake and the beautiful mountains and just remember the last time you were there, think of everything you've done, everything that you didn't want to do that you did, and reflect on that. Just be quiet while you're watching Lake Louise and take it all in.

My son and I did that in June and we just sat there on the rocks overlooking the lake and took it all in.



There's just something about that — how majestic the mountains are — that makes me reflect.

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Lake Louise's stunning views provide the perfect backdrop to contemplate the greater things. MARILYNJANE/FLICKR

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Tag! Parisian street artists are it

Graffiti. The city is known for its museums. Now the art has moved outside

JANE BORDEN
life@metronews.ca

Paris has always been able to boast of an artistic supremacy, so it makes sense that when they even do something like street art, they put North America to shame. With its vibrancy, sophistication and sheer volume of production, the Parisian street art scene — graffiti, stenciling, paste-ups — makes ours look like it's still in grade school. Sketches and tags pop up throughout the city, yes, but beyond the central circle of neighbourhoods, or arrondissements, designated areas boast entire blocks coated end-to-end on both sides with imagery that's constantly changing.

Hami Delimi of L'Oeuf Creative — an agency helping artists with branding and representation — says that many communities agree not to prosecute, particularly their native sons and daughters.

"People are proud to have the artists there," Delimi says. "However, if someone not from the community writes over a piece, that person might get in trouble."

In the 19th arrondissement, which Delimi considers a first stronghold of the Parisian graffiti movement in the '80s, that local hero is Da Cruz. His big-featured faces and bold colours are calling cards on the area's buildings, municipal walls and mailboxes; no one paints over his creations. Other celebrated tags to locate across the city include Miss.tic, Nemo, Jerome Mesnager, Jeff Aerosol, Art of Popof and Atlas.

The French are proud of their artists. CONTRIBUTED

The Futura is now

Whether you think street artists working with luxury brands are receiving justified exposure and cash or are selling out, the practice is here to stay. And its most recent contributor is also one of the art form's truest legends: Futura.

Lenny McGurr, originally known as Futura 2000, began his career tagging New York City subway cars in the late '70s. He also toured with The Clash, painting onstage while they played; enjoyed a long history of success in art galleries, largely in Paris, which housed his first exhibit in 1982 (he's currently represented by Galerie Jerome de Noirmont); went on to make album covers, T-shirts and toys; and, of course, owns a spot in the canon. Then he was quiet for a while. But on Aug. 13 he added a Hennessy label to his collection. The limited-edition Cognac bottle is classic Futura: an abstract work of bold primary colors and atomic swirls.

"The movement I graduated from, what I call the subway school of art, is, for all intents and purposes, over," McGurr says. "But then the next generation of artists — Banksy, Shepard Fairey, Swoon — gave importance to this kind of work again. And that ultimately opened the door for me to return."

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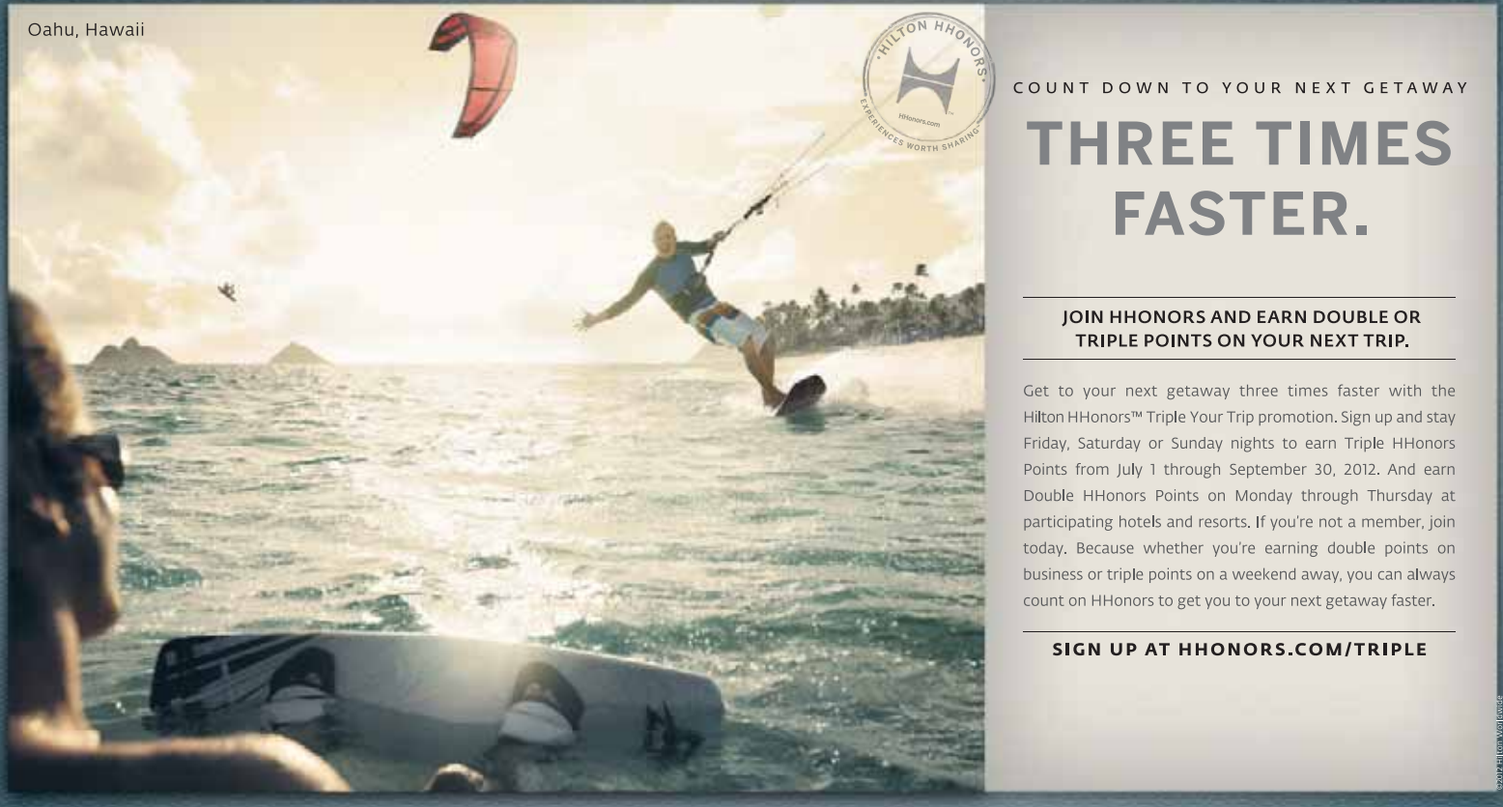
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Meet the artists

Now in galleries

The scene has developed to the point where traditional galleries are also littered with street artists' work, one of the more recent crossover successes being an artist named Nasty. It's also now common for luxury brands to tap the graffiti scene. The artist named Kongo printed scarves for Hermès and Monsieur A created a label for Caviar Kaspia. But some artists seem to think it's a faux pas to use their talents for commerce. Kidult has notoriously vandalized luxury-brand storefronts.

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Vancouver Air + 3 Nights $727
Inn at False Creek — incl $614 base + $113 taxes & fees
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$826
Majesty of the Seas, Marco Polo Beach Resort Ramada Plaza + taxes & fees $629 + taxes & fees $197
INCLUDES airfare, 2 nights Miami accom, and a cruise sailing roundtrip Miami visiting Coco Kay and Nassau. Departs Nov 30/rci/ggv/aa. UPGRADE to 4-star Sea View Hotel for $44 per night.

Southern Caribbean
Air + 3 Nights + 7-Night Cruise $1433
Carnival Victory, Howard Johnson Isla Verde — incl $1269 base + $164 taxes & fees
INCLUDES 3-night accom near Old San Juan and 7-night cruise sailing roundtrip San Juan visiting St Thomas, Barbados, St Lucia, Saint Kitts and St Maarten. Departs Jan 10/ccl/swg/aa.
UPGRADE to oceanview stateroom and 4-star accom from $20 per night.

Latin America

Peru Air + 7 Nights $663
Thunderbird Carrera — incl $545 base + $118 taxes & fees
INCLUDES accom in the historic centre of Lima.
BONUS daily breakfast included. Departs Oct 10/ggv/cm. UPGRADE to 4-star El Condado Miraflores Hotel for $40 per night. ADD Pachacamac ruins tour for $49.

USA

Las Vegas Air + 4 Nights
$434
Circus Circus — incl $225 base+ $209 taxes & fees
INCLUDES accom on the Strip. Departs Oct 1/swg/wg.

Orlando Family Special Air + 7 Nights $422◊
Orlando Continental Plaza — incl $114 base + $308 taxes & fees
INCLUDES accom near theme parks with 7-day car rental. Price per person based on family of 4. Departs Oct 14/vth/c6. ADD *Walt Disney World* Resort 4-day *Magic Your Way* Base Ticket for $287/adult, $268/child (ages 3-9).

Miami Air + 3 Nights $478
Ritz Carlton Coconut Grove — incl $354 base + $124 taxes & fees
INCLUDES Miami Beach accom. Departs Sep 10/ggv/ws.
UPGRADE to 5-star Ritz Carlton Coconut Grove for $15 per night. ADD culinary walking tour for $82.

Washington Air + 3 Nights $598
Holiday Inn Capitol — incl $488 base + $110 taxes & fees
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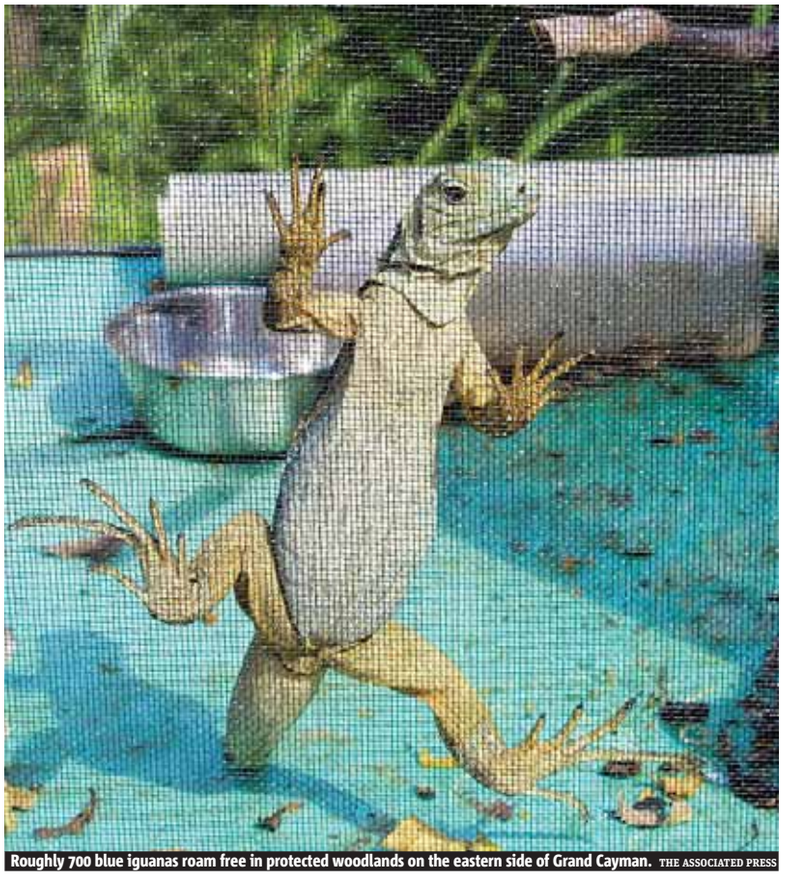

Roughly 700 blue iguanas roam free in protected woodlands on the eastern side of Grand Cayman. THE ASSOCIATED PRESS

Day of the iguana: Reptile bounces back on Grand Cayman

Successful breeding program. Driven to near extinction by non-native predators, the blue iguana now runs free on eastern side of the island

The blue iguanas are only released once they reach two years of age. THE ASSOCIATED PRESS

The blue iguana has lived on the rocky shores of Grand Cayman for at least a couple of million years, preening like a miniature turquoise dragon as it soaked in the sun or sheltered inside crevices. Yet having survived everything from tropical hurricanes to ice ages, it was driven to near-extinction by dogs, cats and cars.

Now, though, a breeding program some see as a global model has worked better than any had hoped to dream for a species that numbered less than a dozen in the wild just a decade ago, preyed upon by escaped pets and struggling to survive in a habitat eroded by the advance of human settlement.

Roughly 700 blazing blue iguanas breed and roam free in protected woodlands on the eastern side of Grand Cayman, a 22-mile-long (35-kilometre-long) speck in the western Caribbean that is the only place where the critically endangered animals are found in the wild.

"The kind of results that we've gotten show that it's practical and realistic to say you can restore a population of iguanas from practically nothing, just so long as you can capture the genetic variety from the beginning," said Fred Burton, the unsalaried director of the Blue Iguana Recovery Program, a partnership linking the islands' National Trust to local and overseas agencies and groups.

In a corner of the Queen Elizabeth II Botanic Park, the "founders," or genetically diverse, wild iguanas captured for the breeding program, mate when the mood strikes in 40-foot-wide pens featuring the rocks, shrubs and trees of their natural habitat. One couple, dubbed "Mad Max" and "Biter," are free to roam outside the pens, scampering after ripened noni, a pungent, potato-sized fruit.

On a recent day at the 65-acre garden and woodland preserve, the adult iguanas were shedding skin, which resembles thin, dry paper, revealing a brilliant turquoise underneath. The primarily herbivorous creatures, which have crimson eyes, grow to roughly five feet (1.5 metres) long, weigh over 25 pounds and are at their bluest when they get excited.

Near the breeding pens, wood-and-wire cages hold the founders' young descendants, which are outfitted with transponder tags embedded beneath their skin.

The iguanas are only released into the botanical park and the 625-acre (253-hectare) Salina Reserve after they reach two years of age and are big enough to defend themselves from rats, snakes and some feral cats.

Burton and others concluded in 2001 that young blue iguanas should be released into the wild next to rough-hewn wooden shelters with tight passageways that mimic the rock holes and tree cavities where they naturally shelter from predators.

The first year of that experiment, 100 per cent of the young survived.

"When we started, we didn't know anything, so for years we just let the iguanas loose and we'd never see half of them again. A year after we came up with this very low-tech method of anchoring iguanas to the park, we found all of them were still living," Burton said, adding that young iguanas soon outgrow the wooden shelters and hardwired behaviour kicks in, driving them to make homes without any assistance

Arthur C. Echternacht, a professor of ecology and evolutionary biology at the University of Tennessee, said the Grand Cayman program has succeeded by

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Adult blue iguanas shed their skin, which resembles thin, dry paper, to reveal a brilliant turquoise underneath. THE ASSOCIATED PRESS

Alpine sounds

Yodeling is good for the soul

In one part of Austria, the hills are again alive with a particular sound of music — yodeling. The Alpine country has inaugurated a new hiker's path where participants are invited to let loose with an occasional melodic mountain yell. Organizers say it's push-button easy: at rest stops along the way, hikers press a knob and hear a recorded yodel in two-part harmony. They can also listen to each part separately and decide which one to try. Local yodeler and hotel owner Christian Eder came up with the idea. He told state broadcaster ORF Monday that it is an attempt "to get people to loosen up a bit with a simple yodel."

THE ASSOCIATED PRESS

On the web

Get a 'street view' of ancient ruins

Google is adding interactive images of dozens of pre-Hispanic ruins to the "Street View" feature on its Google Maps website. Google Mexico and Mexico's National Institute of Anthropology and History announced Thursday that 30 sites have been added to Street View, and dozens more will be coming online this year. The eventual goal is 90 sites. The feature allows users to click on map locations to obtain 360-degree, interactive images composed of millions of photos taken at street level by specially equipped vehicles. Google uses a special, three-wheeled bicycle to generate images of the Mexican sites, many of which don't have paved areas. The sites already online include Chichen Itza.

THE ASSOCIATED PRESS

building unusually strong relationships with international scientists as well as support from local politicians and citizens.

He also credits the tenacity and organization of Burton, a soft-spoken man who has been a steward of the Cayman Islands' environment since he moved to the U.K. Caribbean territory in 1979.

"Although Fred can seem to be a rather low-key, unexcitable Brit, he is passionate about the iguanas, very persuasive, and incredibly persistent," Echternacht said in an email.

Early on, Burton sought and received the assistance of international conservation groups, zoos and businesses in the effort. Financing and expertise, including veterinary support from the organizations has furthered the program's success.

John Binns, of the Tucson, Arizona-based International Reptile Conservation Foundation, said the basic infrastructure and steady focus of the Blue Iguana Breeding Program is "really a model on how to correctly restore a species year after year."

When the program started in 1990, most Caymanians didn't even realize that the island was home to an imperiled reptile species.

Confusing matters, invasive green iguanas, escapees from the pet trade, are flourishing in Grand Caymanian and can be seen across the island.

It hasn't been all smooth sailing for the breeding program. In May 2008, about a half-dozen blue iguanas were killed in their pens, prompting a police investigation that netted no suspects.

The iguanas were found stomped and gouged, and Burton said humans, possibly with a pet dog, were almost certainly behind the massacre.

Two females had been preparing to lay eggs to help the species repopulate.

Burton said it was an "acid reminder" that not everything could go the program's way, even while it enjoyed broad support among most Caymanians.

To protect the iguanas, the breeding pens are now ringed by a fence and barbed wire.

Other researchers have been able to breed captive blue iguanas far from their native environment, though they cannot match the success of the program at home.

The overseas program is partly a hedge to make sure the imperiled reptile's genetic footprint survives any calamity.

Nearly 50 adult and juvenile blue iguanas live in 14 U.S. zoos and aquariums, which are considered partners of the breeding program, according to Tandora Grant, of the San Diego Zoo Institute for Conservation Research.

Ten more hatchlings are due to be born soon, she said.

In Europe, two blue iguanas live in the Prague zoo in the Czech Republic.

Nonetheless, the key to restoring the endangered species remains in its native habitat of Grand Cayman, where Burton hopes to have 1,000 blue iguanas living in the wild, perhaps as early as 2015.

"Once we hit 1,000 and we have a good genetic range out there we can just let the iguanas handle things themselves out in the wild without us messing around with all this complex genetic planning," Burton said at the park.

Gesturing at the breeding pens, Burton said: "Soon this will all be redundant, and that will be a very exciting day."

THE ASSOCIATED PRESS

Quoted

"Soon this will all be redundant, and that will be a very exciting day."

Fred Burton, director of the Blue Iguana Recovery Program, on meeting the goals of the breeding program and eventually leaving the iguanas to themselves.

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Experiencing a country's cuisine is a great way to immerse yourself in its culture. Learn how to make some national and regional dishes with these courses.

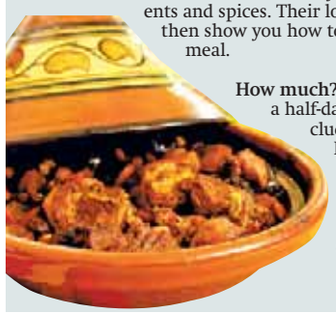
EMMA FORREST
life@metronews.ca

5 top cooking courses

1 Tagine in Morocco

What is it? It's a sticky, spicy stew made with lamb or fish, slow-cooked with a mix of ingredients that could include carrots, chickpeas, olives, prunes and preserved lemons and spices including cinnamon and turmeric. Look for it in an earthenware cone dish.

Learn how to make it: In the foodie city of Marrakesh in central Morocco, you can haggle for spices in the bustling souk by day and join the locals by night to eat street food in its main square, Djemaa el Fnaa. At Dar Attajmil, a guest house in a riad — a traditional house set around a courtyard — local guides will take you food shopping in the buzzing Bab Doukkala souk to buy fresh ingredients and spices. Their local chef will then show you how to create a full meal.



How much? About $61 for a half-day course including a meal at Dar Attajmil, or $363 as part of a gourmet weekend.
BOUTIQUESOUK.COM

2 Pintxos in Spain

What is it? Pintxos are the Basque region's version of the traditional Spanish bite-sized tapas dishes. More dainty and refined than regular tapas, they include toothpicks stacked with prawns, olives, ham and peppers.

Learn how to make it: The elegant city of San Sebastian is the Basque region's gastronomic centre. It's the best place to sample pintxos, and you can learn how to create them at San Sebastian Food, a company that organizes pintxos-making classes as well as tasting tours. You'll also learn about the art of the pintxo and about San Sebastian's intriguing culinary culture, where men gather in "gastronomic clubs."

How much? About $178 for a course between 10:30 a.m. 3 p.m., including a gourmet lunch with wines, recipe cards and a boat trip to the restaurant from the centre of town.
SANSEBASTIANFOOD.COM

3 Pho in Vietnam

What is it? Vietnam's national dish, pho, is a tasty rice-noodle soup with a beef or chicken broth base.

Learn how to make it: In Saigon, the chefs from restaurant Hoa Tuc take you on a tour of Ben Thanh food market to buy the ingredients before taking you to cook a pho as part of your three-course Vietnamese meal in the restaurant's kitchen. For full immersion in Vietnamese cuisine, book a room at the Fusion Alya hotel, which opens in December. It's Asia's first culinary resort, where all gastronomic experiences are included.

How much? From $40 for the course from 8:40 a.m. to 3 p.m at saigon-cooking.com.
DAILY ROOM RATE AT FUSION ALYA IS $330.

5 Curry in India

What is it? There are thousands of different types of regional curry throughout the vast country.

Learn how to make it: Plunge yourself into the art of Indian cuisine with Trip Feast's epic 15-day gastronomic voyage around Northern India. You'll tour food markets, eat banquets and sample street foods, as well as cook Kashmiri dishes with one of Delhi's finest chefs.

How much? A 15-day tour that covers Northern India including three internal flights, and more costs from about $3,300 with the gourmet tour company.
TRIPFEAST.COM/DNI

4 Chocolate heaven in France

What is it? Duh. Chocolate.

Learn how to make it: French company Valrhona cherry-picks the finest cocoa beans from around the world and makes them into high-grade chocolate that's used by luxury chocolatiers, patissiers and chefs worldwide, as well as sold in stores. At its chocolate schools in Versailles, just outside Paris and at its HQ in Tain L'Hermitage in the heart of the Rhone wine-making region, you can learn how to make mousses, cakes, eclairs, truffles and macaroons.

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Tiger shrimp, pesto and grilled corn: An unlikely — but tasty — salad trio

ROSE REISMAN
for more, visit
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Tiger shrimp are quite affordable today compared to what they cost a few years ago. If you can't find them, you can use smaller shrimp. Using a spinach pesto is a good example of how you can use different ingredients to make variations on classic basil pesto. If you don't have fresh corn, sauté 2 cups canned or frozen corn until lightly charred.

1. Salad: Lightly coat cobs of corn with cooking spray and grill on barbecue 5 minutes or until charred, turning to avoid burning. Alternatively, bake corn in an oven preheated to 450 F for 5 minutes, also turning to prevent burning. Let corn cool slightly and cut kernels off cob with sharp knife. Place in a bowl along with red pepper, red onion, garlic, jalapeño, cider vinegar, olive oil, honey (if using), fresh basil, salt and pepper. Toss to combine.

Ingredients

- 1 lb large shrimp, peeled and deveined
- 1/4 cup store-bought pesto

Salad

- 3 fresh cobs of corn
- 1/2 cup diced roasted red pepper (about 1 small roasted red pepper)
- 1/2 cup diced red onion
- 1 tsp chopped garlic
- 1 1/2 tsp chopped jalapeño pepper
- 1 tbsp apple cider vinegar
- 2 tbsp olive oil
- 1/2 tsp honey (optional)
- 1/2 cup chopped fresh basil
- pinch of salt and pepper

2. Lightly coat a nonstick skillet or grill pan with cooking spray and set over medium high heat. Add shrimp and sauté until just pink, about 3 minutes.

3. Place the corn salad on a serving plate, top with shrimp and garnish with pesto.

ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS) BY ROSE REISMAN

Tiger Shrimp with Pesto and Grilled Corn Salad

This recipe serves four. RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

Drink of the Week

Coconut-Lemonade Slushies

Slushies are one of the tastiest ways to cool down during the summer. Here, the classic taste of lemonade meets the refreshing flavour of coconut.

- 3 cups lightly crushed ice
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- 1/2 cup sweetened cream of coconut
- 1/4 cup agave syrup or honey
- 1 tsp vanilla extract
- Pinch salt

Combine all ingredients in a blender. Purée until smooth. You may need to stop the blender once or twice and stir the ingredients in order to keep them moving in the blender. Serve immediately.

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Giving your child guidance on their first day of school

The next step. Helping your kid become familiar with their new environment will make the transition smoother for both child and parent

LINDA CLARKE
Metro New York

The first day at school isn't what it used to be. These days, by the time most children start formal education they're relatively comfortable with separation from the home and parent, says Jayne Singer, the clinical director of the Child and Parent Program at Boston Children's Hospital.

"Children who have had high-quality day care or preschool make a better transition to school both emotionally and socially," she says.

Still, even leaving a private play-based preschool to go to a public school is a big transition, but there's a lot parents can do to ease a child's stress with any environmental change. When it comes to easing anxiety, familiarity breeds comfort.

"Give the child guidance; show them pictures of their new classroom or school. A lot of schools have the good sense to hold open-houses or have a welcome visit. Visit the school, visit the playground. Show them the classroom and where they will play. The sense of familiarity will ease anxiety."

"Also," adds Singer, "younger children do well with concrete reminders about the passage of time. Get a calendar and mark off the days until school starts. Turn it into a craft project. Say, make a flower and add a petal for each day."

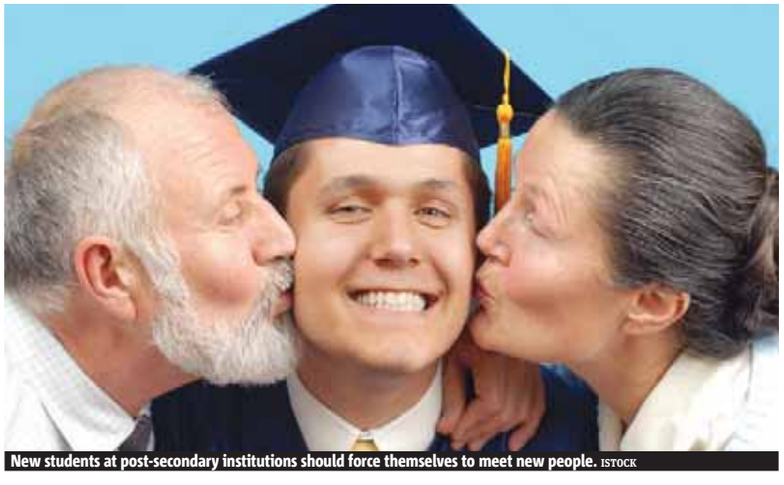
One thing parents should watch for is transferring their anxiety. "Parents shouldn't assume a child is anxious or feels separation. Don't ask, 'Are you scared?' Let the child bring it up and if they do, say, 'Of course you are. I feel nervous when I do something new.'"

Parents should also get ready in advance

"Have a conversation with personnel at the school so you are prepared for the environment," says Singer.

"The more parents know about the school, the more authentic they are in offering guidance to the child. Tell your child they will have a chance to play, they will have a place to draw and paint. Give them concrete examples of what is there. Give them a vision of the classroom as a kind and supportive place."

A child's first day at school can be much easier if they have a good idea of what they're walking into. ISTOCK


New students at post-secondary institutions should force themselves to meet new people. ISTOCK

Teen transition. How best to handle the post-secondary social shift

One of the major transitions many young adults make is the shift from high school to college life. Gone are the comforts of home, the security of past friendships and a routine existence. Instead, the college experience puts new students in an entirely new social setting with unrestrained freedom. This monumental change in lifestyle is one that may make some incoming students nervous.

"I would say, first and foremost, there's anxiety. There's fear," says mental health counsellor Kelly Shanley. "There's also the very positive emotions – happiness, joy, excitement, anticipation of being independent for the first time."

"With everything being online nowadays, I think people find – before they even get to the school because they're already on Facebook – that they'll go on and just become friends with people that are similar ages and similar backgrounds, whatever their majors are."

However, Shanley warns that too much of a good thing exists if digital friendships overshadow interpersonal relationships. This is especially true in the first few weeks, when most people don't have established friendships and it's perfectly fine to introduce yourself and be friendly to as many people as possible. Shanley says that once students are on campus, getting out and meeting people is critical to social development. She also adds that early on, colleges aim to promote these interactions.

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Manage digital distractions

New school.
Smartphones, tablets and computers can be great tools for a child's learning ... when they're used appropriately

It's time to pack up the beach towels and sunscreen and wipe the dust off your child's knapsack in preparation for the back-to-school season.

Along with buying first day school outfits and brand new pencil cases, parents are gearing up to ensure their children's transition into the school year comes with ease.

More than ever before, devices such as smartphones and tablets are becoming useful learning tools for students, so it's become more important for families to set up a connected homework space to ensure their kids are prepared for the school year.

"With many students now studying on their computers, tablets and smartphones, digital distractions can be heightened, which means there is much more for parents to consider when creating a connected workspace in the home," says Stephanie Lancaster at Rogers Communications.

To help your children thrive this school year, here are some tips for creating a connected homework space:

• Access a secure Wi-Fi home network

Use a Wi-Fi router to easily connect your smartphone, tablet, printers or external hard drive on one network for easy sharing. Technical support services are available to help setup Wi-Fi connections and ensure you've secured your home network. Service agents can also set up your home computer via remote access and ensure that all of your home office technology runs smoothly.

Tech turnaround

"With many students now studying on their computers, tablets and smartphones, digital distractions can be heightened, which means there is much more for parents to consider when creating a connected workspace in the home"

Stephanie Lancaste
Rogers Communications

• Establish flexible work stations

With connected tablets and laptops, parents can set up more than one homework space in any location of the house with a Wi-Fi connection. Depending on the homework tasks, students can easily move their studying from the kitchen to the home office.

• Set expectations and rules on Internet usage

Set boundaries around when your kids can use the home Internet connection. Lancaster advises that parents become familiar with the controls and guest network features available. From monitoring time or data usage to setting automatic curfews on your children's Internet use, boundaries can be easily set by establishing a guest network on your connection.

NEWS CANADA

Today's students should take advantage of the educational uses of technology, but boundaries need to be set. ISTOCK

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Combine all corners of your life to create the best plan of pursuit. ISTOCK

Finding a career that you love is not a strait path from point A to point B. It is a process of assessment, exploration and pursuit.

Assess
In your first and second year, in particular, you should be focussing on discovering your interests, skills, values and personality.

Book an appointment with a career counsellor Ask about doing some personality and career assessments that will start to give you some ideas of career direction

Take a look at your aptitudes Consider your natural talents and things you are good at. We sometimes assume something that comes easily to us comes easily for everyone, but this is usually not the case. Ask friends and family who know you to suggest some areas they see you succeeding at or having natural abilities in.

Book an appointment with an academic counsellor
For those of you in your first year you are going to need to start thinking about degree options and what you want to major in. Get some help with this process. An academic counsellor can advise you of your options and guide you to resources that will aid in making the decision.

Explore
At each stage of your degree you should be looking for opportunities to get involved and explore your interests and options, and build your resumé.

Get involved in campus clubs and organizations or volunteer in the community
This is a great way to meet new people and to build your hands-on experience. Taking on a leadership position with a club or volunteering with a not-for-profit agency can help you with your project or event management, leadership and interpersonal, communication and organizational skills, just to name a few. These experiences will help you to get an understanding of different types of work and what elements of it you enjoy.

Participate in career development workshops Every campus organizes dozens of workshops each year that can help you develop your resumé, cover letters, interview prep, networking strategies, etc. Check with your career centre for dates, times and locations.

Attend career fairs Regardless of whether you are at the point where you are looking for a job, attending a career fair will give you an idea of what companies are out there and who is hiring for what types of jobs.

Pursue
As you move closer to graduation it is time to start pursuing your goals.

Review, revise and tailor your resumé and cover letter The more time that you invest in preparing impressive documents and tailoring them to specific companies and jobs, the more likely you are to have success. Attend a drop-in session or set up a one-on-one appointment to review your resumé and cover letter.

Understand your values

The last place you want to be is in a career that does not line up with your personal beliefs and priorities. Some questions you may want to consider:

- Do you value security and consistency, or variety and risk-taking in your work environment?
- Is social interaction and being part of a group, or independence and autonomy important to you?
- Do you value achievement and recognition, or being "behind the scenes"?
- Is your work environment, pace, and/or location important to you?

Network, network, network.
This is often the hardest task and yet is the most likely by far to result in you finding employment. Like dating, you need to just get out there and do it. Meet as many people as you can, be considerate, polite, and respectful and you are sure to see the results. Check out your career centre for workshops and resources on successful networking.

CLARE TATTERSALL IS THE MANAGER OF CAREER DEVELOPMENT AND COMMUNITY BASED LEARNING AT HURON UNIVERSITY COLLEGE AT WESTERN UNIVERSITY IN LONDON, ONT. TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

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Student Voice

Take matters in to your own hands

Nneka Atto
Graduate, 2010, Bachelor of Arts in Health and Society, York University
TalentEgg.ca

It first started with not getting into teacher's college a couple of years ago. Growing up, I loved working with children, and although my career goals changed quite often, I had always kept children at the forefront. So naturally, I decided to become a kindergarten teacher. However, that didn't work out as I had originally planned.

"No worries!" I thought. "I'll just apply for a job, work for a year to get some experience, then apply to a post-graduate program."

But that didn't work out very well either. Like many graduates, I left university with high hopes, thinking that my degree was an instant ticket to a job. What I wasn't aware of was the fact that employers required, not only a degree or diploma, but years of work experience as well. My professors and career centre — though wonderful — didn't prepare me for what existed beyond the lecture hall.

I decided to change my approach: if no one is going to hire me, then I'll just hire myself. And that's when everything changed.

I began to research entrepreneurship and the notion of creating my own opportunities. When you work for yourself, you know that every minute that you're putting into your work is for you. If you're doing something that brings you joy, then that just makes it all the more worthwhile.

Where I am now
Ironically, I just got offered a part-time position as an assistant kindergarten teacher (isn't life funny?). What's even more ironic is the fact that, if I hadn't pursued a career as a singer and aspiring author, I might not have gotten the job. Just to sum it up: I created my own career, and I'm making a living as a visual artist, singer and author under the pseudonym Joshua Vegas, while working part-time as an assistant teacher.

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Nab some bucks between the books

Post-secondary profession. With these strategies, some gumption and a solid resumé, you can get started on your on-campus job search

CATHY KEATES
TalentEgg.ca

It's hard to believe, but not every opportunity can be found on the net. Look around and ask around you. ISTOCK

Most campuses have lots of student jobs available, but it isn't always easy figuring out how to find them.

While some jobs for the coming school year will have already been filled (some departments do their hiring in winter/spring of the previous year so that they are ready to go with new staff in September) there are usually still lots of jobs open in the fall.

In terms of where to look, most schools do not have one place where all the jobs are advertised.

So, it can take some legwork to look around to find what's available on your campus. And just like finding jobs anywhere, networking is key.

Here are some tips for helping you get job hunting on campus.

Visit your campus career centre

The career centre should be stop number one if you are looking for work on campus. Staff at the career centre are usually very knowledgeable about on campus work, and getting their advice first can save you lots of time with their leads and direction.

Find out about work/study programs

Many schools have part-time jobs on campus that are specifically designated for students who are in financial need. These are often called work/study programs, but may have a different name at your campus. To learn more, and to find out whether you qualify ('financial need' can be defined differently at different schools), ask staff at your career centre and/or student financial services or loan office.

Speak with professors and your department

Often professors need help with their work. Sometimes they have enough money to hire students (other times they may use volunteers). Check with your departmental staff and faculty members if you are interested in getting research-related experience.

Twitter

@TalentEgg
What are your career planning tips for students returning to school this September?

@CGA_DoMore
Broaden your career hunt and research outside the box. You'd be surprised how your education can compliment your passions. #DOMORE

@katemackenzie
Know that 70% of employers do majority of recruiting in September! Don't miss out!

@desiraeo
don't stress when all of your accounting friends have contracts in October - small firms and other industries hire much later!

@asadh7866
if you're in a graduating position, don't forget recruiting season starts in Sept! Get those resumes and cover letters ready!

Visit on-campus vendors

The restaurants, pubs, shops, and other retail outlets on campus all need staff. You can visit them and see if they are hiring.

Keep your eyes and ears open

Watch notice boards, let all your friends know you are looking and ask them if they have any contacts or leads, make sure you read the emails you might get from your department or student clubs — you never know what might turn up a job lead. The more people you speak with, the greater your chances of finding something.

CATHY KEATES IS A CAREER COUNSELLOR AND TRAINER WHO HAS WORKED AS A CAREER COUNSELLOR AT QUEEN'S UNIVERSITY AND WAS THE ASSOCIATE DIRECTOR OF THE CAREER CENTRE AT YORK UNIVERSITY. TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

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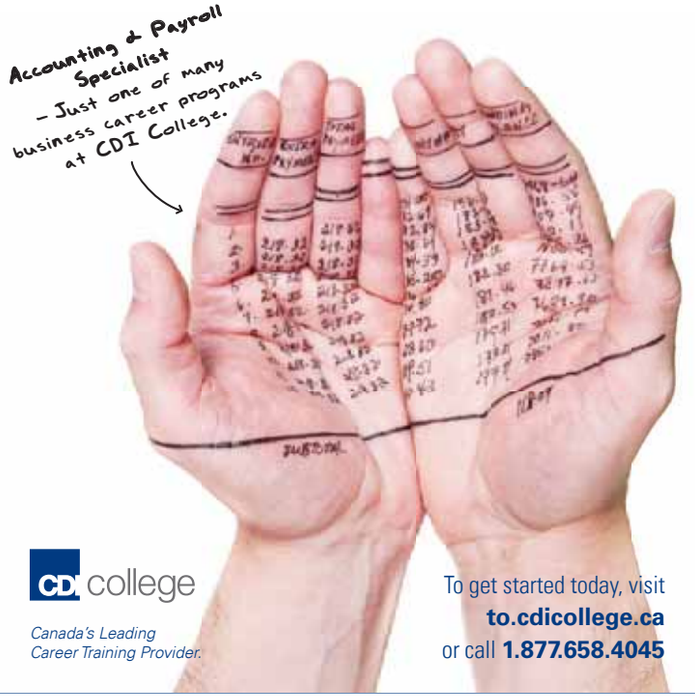

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CFL

Rambo sequel picks up in Toronto

Ken-Yon Rambo is getting another chance in the CFL.

The Toronto Argonauts signed the veteran wide receiver on Tuesday and expect to have him at practice on Thursday.

Rambo, 33, was released by the Calgary Stampeders at the end of training camp after being hammered by an Achilles tendon injury.

Rambo, who won a Grey Cup with Calgary in 2008, is eighth on the Stamps' all-time list for receptions (406) and receiving yards (5,995).

THE CANADIAN PRESS

Ken-yon Rambo
TORSTAR NEWS SERVICE FILE

MLB

Jays' Lawrie back on shelf with abdominal pain

Toronto third baseman Brett Lawrie has stopped his rehab for a right oblique injury after feeling sore when he woke up on Tuesday.

Manager John Farrell said Lawrie, who has been on the disabled list since Aug. 4, isn't yet at a point where he might need to be shut down for the season.

Farrell also said right-hander Brandon Morrow, who hasn't pitched since June 11 because of a left oblique injury, likely will start Saturday at Baltimore.

THE ASSOCIATED PRESS

NHLPA executive director Donald Fehr speaks to reporters at the Delta Grand Hotel on Tuesday in Kelowna, B.C. GARY NYLANDER/THE CANADIAN PRESS/KELOWNA DAILY COURIER

Still looking for a 'jumping-off point'

NHL. League, players' union to focus on core economic issues during this week's labour talks

Critical week

Talks are tentatively scheduled for the next two weeks in New York so there is plenty of room for continued dialogue if the parties can start getting on the same page in the coming days.

- The tone of this week's talks should offer a good indication of whether that will happen in time for a deal to be reached before Sept. 15.

Where do we go from here?

As the NHL and NHL Players' Association resume collective bargaining talks, that is the question they're both seeking to answer.

The sides stepped away from negotiations last week with competing bids on the table and no clear road ahead. They spoke again over the weekend and agreed to devote sessions Wednesday and Thursday entirely to core economic issues — the area where the parties seem to have the most ground to make up.

"We are hoping that our meetings this week can serve as a jumping-off point for further discussion and negotiation over the critical economic and system issues that we need to resolve in order to reach an agreement," NHL deputy commissioner Bill Daly said Tuesday in an email.

Essentially, it's time to see how much each side is willing to move off its current position, if at all.

While a significant gap exists between the two proposals when it comes to the amount of money available to players, there is some common ground. The union's decision to keep a hard salary cap in place was an important step and its willingness to accept less than 57 per cent of revenues — for three years, anyway — seemed to indicate it was trying to work with the NHL.

"We thought it was a compromise," Donald Fehr, the NHLPA's executive director, told reporters last week.

Even though commissioner Gary Bettman offered a cold response to the union's offer it was a step in the right direction. Are the players willing to go even further? How far will the league move off its proposal, which called for new contract restrictions and player salaries based on 43 per cent of revenue?

The sides are operating in the shadow of a Sept. 15 deadline, when the current CBA is set to expire and the NHL has said players will be locked out.

THE CANADIAN PRESS

TFC kicks off busy stretch vs. Columbus Crew

Toronto FC head coach Paul Mariner during a game against the Colorado Rapids in July. ABELIMAGES/GETTY IMAGES FILE

Toronto FC coach Paul Mariner doesn't think the tragic death of Columbus Crew midfielder Kirk Urso will diminish the fierce rivalry between the two teams when they meet Wednesday night.

Urso, a 22-year-old rookie, collapsed in the early hours of Aug. 5 at a Columbus bar and was pronounced dead in hospital.

TFC agreed to postpone its road game in Ohio originally scheduled for Aug. 11 until Wednesday night so Crew players could attend Urso's funeral.

But Mariner doesn't expect the passion between the geographic rivals and their supporters to be affected once the game starts.

Up next

After Wednesday's game, Toronto will be at Houston on Saturday before hosting Mexico's Santos Laguna on Aug. 28 in CONCACAF Champions League play.

"There's empathy from our fans and our organization but when the whistle blows we've got to get three points," Mariner said Tuesday before the Reds left for Columbus. "They'll be battling hard and so will we."

The game is part of a busy stretch for Toronto (5-14-5). The club is winless in its last four (0-3-1) and continues to wallow at the bottom of the Major League Soccer standings, all but mathematically eliminated from playoff contention.

One bright spot for Mariner in Saturday's 1-0 loss to Kansas City was the play of newly signed defender Darren O'Dea, who played his first game for the club.

The Ireland international played for his country on Wednesday in Serbia before returning to Toronto.

"It was an arduous travel for him but he got 90 minutes under his belt and that served him well on Saturday," said Mariner. "I think you'll see him get better and better

"He was fantastic (on Saturday). He's everything I want in a central defender, and more."

THE CANADIAN PRESS

4 SPORTS

Mobile sports

The first African team to play in the Little League World Series will not head home empty handed. Ugandan team Lugazi eked out a 3-2 win over Gresham, Ore., in a consolation game on Tuesday to improve its series record to 1-2. Scan the code for the story.

Clemens says he's just trying to have fun

Baseball. Fifty-year-old right-hander insists his current focus isn't on major-league comeback

Roger Clemens holds up his Skeeters jersey on Tuesday in Sugar Land, Texas.
DAVID J. PHILLIP/THE ASSOCIATED PRESS

Hours after Roger Clemens agreed to join the Sugar Land Skeeters, he was back on the field playing in an over-50 softball league.

And the ultra-competitive Clemens, now a half-century old, was quick to point out just how well he did against that group of geezers.

"I hit two homers, by the way," he said.

Things will be a bit tougher on Saturday when he is scheduled to start for the independent Atlantic League team in Sugar Land, Texas, against Bridgeport. The right-hander agreed to play for the team on Monday and was introduced on Tuesday.

The seven-time Cy Young Award winner played down a possible MLB return, conceding he's nowhere near big league pitching shape.

"I'm 50 years old. We're just going to go out and have fun with this and make it fun for the fans," said Clemens.

"I've been to the major leagues and back a couple of times. I've retired and unretired, so I wouldn't consider thinking that far ahead. I'm just going to try to get through Saturday. I think I can compete a little bit."

Clemens was accused by former personal trainer Brian McNamee in the Mitchell Report on drugs in baseball of using steroids and HGH, allegations Clemens denied before Congress. The Justice Department began an investigation concerning whether Clemens had lied under oath, and in 2010 a grand jury indicted him on two counts of perjury, three counts of making false statements and one count of obstructing Congress.

He was acquitted of the charges June 19 after a 10-week trial and has largely stayed out of the public spotlight until now.

THE ASSOCIATED PRESS

One and done?

Clemens isn't committing to more than one game with the Skeeters, saying he wants to see how Saturday goes first.

When Roger Clemens pitches for the Sugar Land Skeeters on Saturday night, he'll join a line of athletes who competed despite being considered to be past their physical prime.

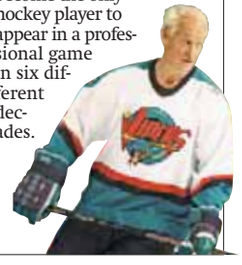
Photos by The Canadian Press/Getty Images

Jamie Moyer

Clemens may have gained inspiration from Moyer, who became the oldest starting pitcher to win a major league game earlier this season, when he did it at 49 for the Colorado Rockies. He was the fifth man since 1965 to play in the majors after his 49th birdthday, and the first since Julio Franco appeared in a game for Atlanta in September 2007.

Gordie Howe

Howe made his NHL debut in 1946 when he was just 18. His last season didn't come until 1980 when at 52 he played in 80 games for the Hartford Whalers. The Detroit Vipers of the IHL signed Howe to a one-game contract in 1997. At 70 years old he played one shift for the Vipers to become the only hockey player to appear in a professional game in six different decades.



Dara Torres

Torres won three silver medals at the Beijing Olympics in 2008 at age 41. She had already retired twice when she became the oldest swimmer to ever earn a spot on the U.S. Olympic team in Beijing and was the first one to compete in five Olympics. Now 45, she narrowly missed making the London Olympic team. THE ASSOCIATED PRESS

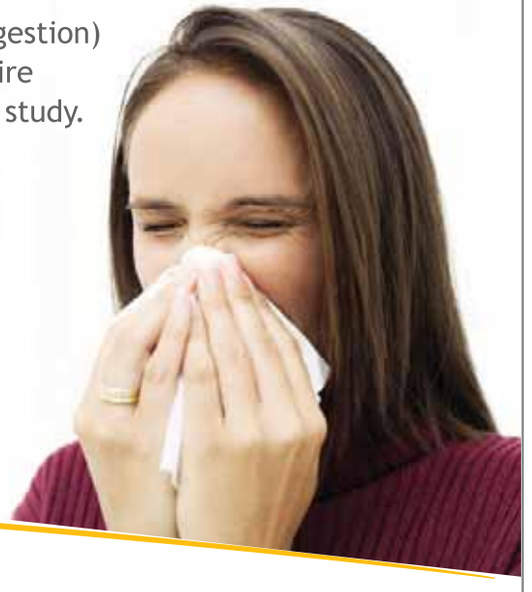
SEASONAL POLLEN ALLERGIES AND MILD ASTHMA?

If you have allergic rhinitis (sneezing, runny and itchy nose, nasal congestion) and mild asthma because of seasonal pollen allergies that do not require regular use of inhaled steroids, you may qualify for a clinical research study.

To qualify you must

- *have diagnosed allergic rhinitis and mild asthma for 3+ years*
- *be 18 to 62 years of age*
- *be a healthy man or post-menopausal or surgically sterile woman*
- *be currently suffering from seasonal allergic rhinitis and mild asthma.*

Financial compensation up to $1785.



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MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	72	50	.590	—
Tampa Bay	68	54	.557	4
Baltimore	66	56	.541	6
Boston	59	63	.484	13
Toronto	**56**	**65**	**.463**	**15½**

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	66	55	.545	—
Detroit	64	57	.529	2
Kansas City	54	67	.446	12
Cleveland	54	68	.443	12½
Minnesota	51	70	.421	15

WEST DIVISION

	W	L	Pct	GB
Texas	71	50	.587	—
Oakland	65	56	.537	6
Los Angeles	62	60	.508	9½
Seattle	59	64	.480	13

Tuesday's results
Toronto at Detroit
Kansas City at Tampa Bay
L.A. Angels at Boston
Baltimore at Texas
N.Y. Yankees at Chicago White Sox
Minnesota at Oakland
Cleveland at Seattle
Monday's results
Tampa Bay 5 Kansas City 1
Minnesota 7 Oakland 2
Chicago White Sox 9 N.Y. Yankees 6
Texas 5 Baltimore 1
Seattle 5 Cleveland 3
Wednesday's games
All times Eastern
Kansas City (Mendoza 7-8) at Tampa Bay (Shields 11-7), 1:10 p.m.
Minnesota (Hendriks 0-5) at Oakland (Milone 9-9), 3:35 p.m.
Cleveland (McAllister 5-4) at Seattle (Iwakuma 4-3), 3:40 p.m.
Toronto (Laffey 3-4) at Detroit (A.Sanchez 1-3), 7:05 p.m.
L.A. Angels (Weaver 15-3) at Boston (Buchholz 11-3), 7:10 p.m.
Baltimore (Tom.Hunter 4-7) at Texas (D.Holland 7-6), 8:05 p.m.
N.Y. Yankees (P.Hughes 12-10) at Chicago White Sox (Sale 14-4), 8:10 p.m.
Thursday's games
Toronto at Detroit, 1:05 p.m.
L.A. Angels at Boston, 7:10 p.m.
Oakland at Tampa Bay, 7:10 p.m.
Minnesota at Texas, 8:05 p.m.

AL LEADERS

	G	AB	R	H	Avg.
Trout LAA	99	400	96	137	.343
MiCabrera Det	121	475	82	157	.331
Jeter NYY	120	513	76	167	.326
Mauer Minn	112	418	67	134	.321
Revere Minn	84	354	47	112	.316
Ortiz Bos	89	320	65	101	.316
Konerko ChiW	105	393	51	123	.313
AJackson Det	99	391	76	121	.309
Fielder Det	121	440	66	136	.309
AdGonzalez Bos	120	469	63	144	.307

Runs — Trout, LA, 96; MiCabrera, Det, 82; Kinsler, Tex, 82; Granderson, NY, 81; Hamilton, Tex, 78.
RBI — MiCabrera, Det, 104; Hamilton, Tex, 102; Willingham, Min, 91; Fielder, Det, 88; AdGonzalez, Bos, 85; Pujols, LA, 85; ADunn, Chi, 84.
Home Runs— ADunn, Chi, 36; Hamilton, Tex, 34; Granderson, NY, 32; **Encarnacion, Toronto, 31;** Willingham, Min, 31; MiCabrera, Det, 31.
Stolen Bases — Trout, LA, 39; **RDavis, Tor, 38.**
Tuesday's games not included

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Washington	76	46	.623	—
Atlanta	70	52	.574	6
New York	57	65	.467	19
Philadelphia	57	65	.467	19
Miami	56	67	.455	20½

CENTRAL DIVISION

	W	L	Pct	GB
Cincinnati	74	49	.602	—
Pittsburgh	67	55	.549	6½
St. Louis	65	56	.537	8
Milwaukee	55	66	.455	18
Chicago	47	74	.388	26
Houston	39	83	.320	34½

WEST DIVISION

	W	L	Pct	GB
San Francisco	67	55	.549	—
Los Angeles	67	56	.545	½
Arizona	62	60	.508	5
San Diego	54	70	.435	14
Colorado	47	73	.392	19

Tuesday's results
Atlanta at Washington
Cincinnati at Philadelphia
Colorado at N.Y. Mets
Chicago Cubs at Milwaukee
Houston at St. Louis
Miami at Arizona
Pittsburgh at San Diego
San Francisco at L.A. Dodgers
Monday's results
San Francisco 2 L.A. Dodgers 1
Colorado 3 N.Y. Mets 1
San Diego 3 Pittsburgh 1
Miami 12 Arizona 3
Philadelphia 12 Cincinnati 5
Washington 5 Atlanta 4 (13 inn.)
Milwaukee 9 Chicago Cubs 5
Wednesday's games
All times Eastern
Chicago Cubs (T.Wood 4-9) at Milwaukee (Gallardo 12-8), 2:10 p.m.
Miami (Ja.Turner 0-0) at Arizona (Miley 13-8), 3:40 p.m., 1st game
Pittsburgh (Ja.McDonald 11-5) at San Diego (Werner 0-0), 6:35 p.m.
Atlanta (Medlen 4-1) at Washington (Detwiler 7-5), 7:05 p.m.
Cincinnati (Arroyo 9-7) at Philadelphia (Worley 6-8), 7:05 p.m.
Colorado (Francis 4-4) at N.Y. Mets (Harvey 2-3), 7:10 p.m.
Houston (B.Norris 5-10) at St. Louis (Lohse 12-2), 8:15 p.m.
Miami (LeBlanc 2-2) at Arizona (Skaggs 0-0), 9:40 p.m., 2nd game
San Francisco (M.Cain 12-5) at L.A. Dodgers (Capuano 11-8), 10:10 p.m.
Thursday's games
Colorado at N.Y. Mets, 1:10 p.m.
Houston at St. Louis, 1:45 p.m.
Cincinnati at Philadelphia, 7:05 p.m.
Atlanta at San Francisco, 10:15 p.m.

NL LEADERS

	G	AB	R	H	Avg.
McCutchen Pgh	118	446	86	157	.352
MeCabrera SF	113	459	84	159	.346
Posey SF	111	395	56	129	.327
DWright NYM	118	437	74	140	.320
CGonzalez Col	108	428	78	137	.320
YMolina StL	103	385	47	122	.317
Braun Mil	113	438	79	134	.306
Fowler Col	112	369	67	112	.304
Altuve Hou	113	452	68	137	.303
Holliday StL	118	455	76	137	.301

Runs — McCutchen, Pit 86; MeCabrera, SF, 84; Bourn, Atl, 83; Braun, Mil, 79; CGonzalez, Col, 78.
Tuesday's games not included

BLUE JAYS STATISTICS

BATTERS	AB	R	H	HR	RBI	AVG
Sierra	44	5	14	2	5	.318
Encarnacion	425	73	123	31	82	.289
Cooper	134	15	38	4	10	.284
Lawrie	397	59	112	9	40	.282
Davis	301	49	77	6	33	.256
Escobar	444	51	109	7	38	.245
Bautista	328	63	80	27	65	.244
Arencibia	281	36	68	16	50	.242
Rasmus	434	56	104	20	66	.240
Johnson	408	52	93	14	46	.228
Lind	198	17	45	8	27	.227
Mathis	155	21	34	7	20	.219
Vizquel	116	11	25	0	3	.216
McCoy	24	4	5	1	6	.208
Gose	74	9	15	0	2	.203
Hechavarria	30	1	5	0	1	.167

PITCHERS	W	L	SV	IP	SO	ERA
Mathis	0	0	0	2.0	0	9.00
Jenkins	0	0	0	8.0	3	1.13
Lyon	1	0	0	12.0	22	1.50
Oliver	2	2	2	44.0	42	1.84
Janssen	1	1	16	47.2	48	2.27
Loup	0	2	0	18.0	12	2.50
Morrow	7	4	0	77.2	67	3.01
Villanueva	6	3	0	87.0	90	3.10
Perez	2	2	0	42.0	39	3.43
Delabar	3	1	0	47.0	63	3.83
Frasor	1	1	0	36.0	45	4.00
Hutchison	5	3	0	58.2	49	4.60
Drabek	4	7	0	71.1	47	4.67
Laffey	3	4	0	67.0	37	4.70
Alvarez	7	11	0	147.0	56	4.84
Happ	2	1	0	23.0	24	5.09
Romero	8	10	0	149.2	104	5.53
Lincoln	0	0	0	11.0	8	6.55
Santos	0	1	2	5.0	4	9.00
Coello	0	1	0	6.1	11	12.79

Tuesday's game not included

GOLF

MEN'S WORLD RANKING

Through Aug. 20

1. Rory McIlroy	Nlr	10.42
2. Luke Donald	Eng	9.61
3. Tiger Woods	USA	8.63
4. Lee Westwood	Eng	7.23
5. Webb Simpson	USA	6.20
6. Adam Scott	Aus	6.18
7. Bubba Watson	USA	6.14
8. Justin Rose	Eng	6.05
9. Jason Dufner	USA	6.00
10. Steve Stricker	USA	5.83
11. Matt Kuchar	USA	5.68
12. Keegan Bradley	USA	5.55
13. Graeme McDowell	Nlr	5.26
14. Zach Johnson	USA	5.16
15. Hunter Mahan	USA	4.97
16. Louis Oosthuizen	SAf	4.72
17. Sergio Garcia	Esp	4.69
18. Ernie Els	SAf	4.68
19. Dustin Johnson	USA	4.59
20. Phil Mickelson	USA	4.32
21. Rickie Fowler	USA	4.16
22. Charl Schwartzel	SAf	4.12
23. Ian Poulter	Eng	4.11
24. Martin Kaymer	Ger	4.10
25. Jason Day	Aus	4.03
26. Francesco Molinari	Ita	4.02
27. Bo Van Pelt	USA	3.94
28. Jim Furyk	USA	3.93
29. Brandt Snedeker	USA	3.91
30. Bill Haas	USA	3.79
31. Peter Hanson	Swe	3.75
32. Carl Pettersson	Swe	3.70
33. Nicolas Colsaerts	Bel	3.44
34. Paul Lawrie	Sco	3.40
35. Nick Watney	USA	3.37
36. John Senden	Aus	3.26
37. David Toms	USA	3.24
38. K.J. Choi	Kor	3.18
39. David Lynn	Eng	2.93

TENNIS

ATP

WINSTON-SALEM OPEN

At Winston-Salem, N.C.
Singles — Second Round
Tomas Berdych (2), Czech Republic, def. Alex Bogomolov Jr. , Russia, 6-3, 7-5.
John Isner (3), U.S., def. Martin Klizan, Slovakia, 4-6, 6-3, 7-5.
Alexandr Dolgopolov (4), Ukraine, def. Yen-hsun Lu, Taiwan, 6-1, 6-3.
Sam Querrey (7), U.S., def. Santiago Giraldo, Colombia, 6-3, 6-2.
Lukasz Kubot, Poland, def. Julien Benneteau (8), France, 2-6, 7-5, 6-3.
Feliciano Lopez (9), Spain, def. Donald Young, United States, 6-2, 6-3.
Steve Darcis, Belgium, def. Denis Istomin (11), Uzbekistan, 6-2, 6-2.
Jurgen Melzer (13), Austria, def. Michael McClune, United States, 6-2, 2-6, 7-6 (10).
Sergiy Stakhovsky, Ukraine, def. Pablo Andujar (15), Spain, 6-2, 6-3.
Jarkko Nieminen (16), Finland, def. Benjamin Becker, Germany, 6-3, 6-3.
David Nalbandian, Argentina, def. Robin Haase, Netherlands, 6-2, 6-4.

FOOTBALL

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Toronto	7	4	3	0	160	165	8
Montreal	7	4	3	0	202	213	8
Hamilton	7	3	4	0	207	230	6
Winnipeg	7	2	5	0	159	224	4

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
B.C.	7	5	2	0	182	124	10
Edmonton	7	4	3	0	164	134	8
Calgary	7	3	4	0	200	196	6
Saskatchewan	7	3	4	0	180	165	6

WEEK 9
Thursday's game
All times Eastern
Hamilton at Montreal, 7:30 p.m.
Friday's game
B.C. at Winnipeg, 8 p.m.
Saturday's game
Calgary at Saskatchewan, 3 p.m.
Monday, Aug. 27
Edmonton at Toronto, 7:30 p.m.
WEEK 10
Friday, Aug. 31
B.C. at Montreal, 7:30 p.m.
Sunday, Sept. 2
Winnipeg at Saskatchewan, 4 p.m.
Monday, Sept. 3
Toronto at Hamilton, 1 p.m.
Edmonton at Calgary, 4:30 p.m.

NFL PRE-SEASON

Monday's result
Philadelphia 27 New England 17
Thursday's games
All times Eastern
Green Bay at Cincinnati, 7 p.m.
Jacksonville at Baltimore, 7:30 p.m.
Arizona at Tennessee, 8 p.m.
Friday's games
New England at Tampa Bay, 7:30 p.m.
Philadelphia at Cleveland, 7:30 p.m.
Atlanta at Miami, 7:30 p.m.
San Diego at Minnesota, 8 p.m.
Seattle at Kansas City, 8 p.m.
Chicago at N.Y. Giants, 8 p.m.

WTA

TEXAS OPEN

At Grapevine, Texas
Singles — First Round
Jelena Jankovic (2), Serbia, def. Yaroslava Shvedova, Kazakhstan, 6-7 (7), 7-6 (4), 6-1.
Roberta Vinci (3), Italy, def. Hsieh Su-wei, Taiwan, 6-2, 6-2.
Peng Shuai (6), China, def. Ayumi Morita, Japan, 4-6, 6-0, 6-3.
Eugenie Bouchard, Westmount, Que., def. Galina Voskoboeva, Kazakhstan, 6-4, 6-3.
Pauline Parmentier, France. def. Irina Falconi, United States, 6-1, 6-4.
Marina Erakovic, New Zealand, def. Anne Keothavong, Britain, 6-1, 5-7, 7-6 (9).
Casey Dellacqua, Australia, def. Irina-Camelia Begu, Romania, 6-2, 6-2.
Mirjana Lucic, Croatia, def. Emily Webley-Smith, Britain, 6-1, 6-2.

NEW HAVEN OPEN

At New Haven, Connecticut
Singles — First Round
Zheng Jie, China, def. Tsvetana Pironkova, Bulgaria, 7-5, 6-2.
Singles — Second Round
Sara Errani (4), Italy, def. Carla Suarez Navarro, Spain, 6-4, 6-3.
Marion Bartoli (5), France, def. Sloane Stephens, U.S., 6-1, 0-6, 6-3.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Kansas City	25	14	7	4	31	22	46
New York	25	13	7	5	43	36	44
Chicago	24	12	7	5	30	26	41
Houston	25	11	6	8	37	29	41
D.C.	23	11	8	4	37	30	37
Montreal	27	11	13	3	39	44	36
Columbus	22	8	8	6	23	24	30
Philadelphia	22	7	12	3	24	28	24
New England	24	6	13	5	27	31	23
Toronto	24	5	14	5	27	43	20

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
San Jose	25	14	6	5	48	32	47
Salt Lake	26	13	10	3	37	32	42
Seattle	24	11	6	7	34	24	40
Los Angeles	26	11	11	4	44	40	37
Vancouver	26	10	9	7	28	33	37
Dallas	27	8	11	8	33	35	32
Chivas	22	7	9	6	15	26	27
Colorado	25	8	15	2	32	36	26
Portland	24	5	13	6	24	42	21

Note: 3 points for a win, 1 for a tie.
Wednesday's games
All times Eastern
Chicago at D.C., 7:30 p.m.
Toronto at Columbus, 7:30 p.m.
Friday's game
Salt Lake at Philadelphia, 7:30 p.m.
Saturday's games
D.C. at Montreal, 4:30 p.m.
New England at Columbus, 7:30 p.m.
Toronto at Houston, 8:30 p.m.
Colorado at San Jose, 10:30 p.m.
Vancouver at Portland, 10:30 p.m.
Seattle at Chivas, 10:30 p.m.
Sunday's games
Dallas at Los Angeles, 7 p.m.
New York at Kansas City, 9 p.m.

TRANSACTIONS

BASEBALL

MLB

HEAD OFFICE — Reduced 3-game suspension of Cincinnati C Devin Mesoraco to 2 games.

AMERICAN LEAGUE

BALTIMORE ORIOLES — Assigned 1B Cory Segui and C Brett Frantini to the GCL Orioles.
BOSTON RED SOX — Placed OF Carl Crawford on the 15-day DL, retroactive to Aug. 20. Reinstated OF Daniel Nava and RHP Vicente Padilla from the 15-day DL. Optioned 3B Danny Valencia to Pawtucket (IL).
CHICAGO WHITE SOX — Placed OF Alejandro De Aza on 15-day DL, retroactive to Aug. 18. Recalled OF Jordan Danks from Charlotte (IL).
MINNESOTA TWINS — Recalled RHP Liam Hendriks from Rochester (IL).
OAKLAND ATHLETICS — Reinstated OF Seth Smith from 15-day DL. Placed LHP Jordan Norberto on 15-day DL, retroactive to Aug. 18. Optioned 2B Jemile Weeks to Sacramento (PCL). Designated RHP Graham Godfrey for assignment.
TAMPA BAY RAYS — Reinstated DH Luke Scott from the 15-day DL. Optioned SS Sean Rodriguez to Durham (IL).
TORONTO BLUE JAYS — Selected contract of C Yorvit Torrealba from New Hampshire (EL).

NATIONAL LEAGUE

ARIZONA DIAMONDBACKS — Recalled RHP Sam Demel from Reno (PCL).
CHICAGO CUBS — Selected contract of LHP Chris Rusin from Iowa (PCL). Optioned LHP Jeff Beliveau & INF Adrian Cardenas to Iowa. Transferred RHP Matt Garza to 60-day DL.
CINCINNATI REDS — Recalled C Dioner Navarro from Louisville (IL). Optioned RHP Logan Ondrusek to Louisville.
COLORADO ROCKIES — Reinstated RHP Jhoulys Chacin from 15-day DL. Placed OF Eric Young Jr. on 15-day DL, retroactive to Aug. 20.
L.A. DODGERS — Reinstated RHP Rubby De La Rosa from the 60-day DL. Optioned RHP Javy Guerra to Albuquerque (PCL). Assigned RHP Amalio Diaz to Great Lakes (MWL).
NEW YORK METS — Recalled LHP Robert Carson from Buffalo (IL).
PHILADELPHIA PHILLIES — Recalled RHP Phillippe Aumont from Lehigh Valley (IL).
PITTSBURGH PIRATES — Optioned RHP Kyle McPherson and LHP Justin Wilson to Indianapolis (IL). Recalled RHP Daniel McCutchen from Indianapolis.
ST. LOUIS CARDINALS — Agreed to terms with RHP Jake Westbrook on a one-year contract through 2013.
SAN DIEGO PADRES — Extended their player development contract with Lake Elsinore (Cal) through the 2014 season.

FOOTBALL

NFL

CAROLINA PANTHERS — Placed CB Nate Ness on injured reserve.
CHICAGO BEARS — Placed DT DeMario Pressley on the waived-injured list.
DENVER BRONCOS — Removed S Jim Leonhard from the physically-unable-to-perform list and added him to the 90-man roster. Waived CB Joshua Moore.
DETROIT LIONS — Placed TE Nathan Overbay and S Don Carey on the waived-injured list. Signed CB Isaac Madison. Claimed DT Bobby Skinner off waivers from the N.Y. Giants.
MIAMI DOLPHINS — Waived RB Ryan Mahaffey.
NEW ENGLAND PATRIOTS — Waived DL Jonathan Fanene, OL Kyle Hill & PK Chris Koepplin.

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2012 Dodge Journey R/T shown.[5]

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CHRYSLER Jeep DODGE RAM

Dodge.ca/Offers

Less Fuel. More Power. Great Value is a comparison between the 2012 and the 2011 Chrysler Canada product lineups. 40 MPG or greater claim based on 2012 EnerGuide highway fuel consumption estimates. Government of Canada test methods used. Your actual fuel consumption will vary based on driving habits and other factors. See retailer for additional EnerGuide details. Wise customers read the fine print: • , ▲ †, § The Hurry Up to Trade Up Summer Clearance Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers on or after August 1, 2012. Retailer order/trade may be necessary. Offers subject to change and may be extended without notice. See participating retailers for complete details and conditions. •$19,995 Purchase Price applies to 2012 Dodge Journey Canada Value Package (22F) only and includes $2,000 Consumer Cash Discount. See participating retailers for complete details. Pricing includes freight ($1,400–$1,595), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailer may sell for less. ‡Consumer Cash Discounts are offered on select 2012 vehicles and are manufacturer-to-retailer incentives, which are deducted from the negotiated price before taxes. Amounts vary by vehicle. See your retailer for complete details. ▲$1,500 Bonus Cash is available on all new 2012 Dodge Grand Caravan SXT and $1,000 Bonus Cash is available on all new 2012 Dodge Journey SXT models except remaining Save the Freight models. Bonus Cash will be deducted from the negotiated price after taxes. See your retailer for complete details. †4.79% purchase financing for up to 96 months available on the new 2012 Dodge Journey Canada Value Package (22F) model to qualified customers on approved credit through Royal Bank of Canada, Scotiabank, TD Auto Finance and Ally Credit Canada. Retailer order/trade may be necessary. Retailer may sell for less. See your retailer for complete details. Example: 2012 Dodge Journey Canada Value Package (22F) with a Purchase Price of $19,995 (including Consumer Cash Discount) financed at 4.79% over 96 months with $0 down payment, equals 208 bi-weekly payments of $116 with a cost of borrowing of $4,115 and a total obligation of $24,109.52. Pricing includes freight ($1,400–$1,595), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailer may sell for less. §2012 Dodge Journey R/T shown. Price including applicable Consumer Cash Discount: $25,530. Pricing includes freight ($1,400–$1,595), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. See bottom of the ad for range of potential retailer fees. Retailer order/trade may be necessary. Retailer may sell for less. ^Based on R. L. Polk Canada, Inc. January to October 2011 Canadian Total New Vehicle Registration data for Chrysler Crossover Segments. ◆Based on 2012 EnerGuide Fuel Consumption Guide ratings published by Natural Resources Canada. Transport Canada test methods used. Your actual fuel consumption will vary based on driving habits and other factors. 2012 Dodge Journey Canada Value Package & SE Plus – Hwy: 7.5 L/100 km and City: 10.8 L/100 km. 2012 Dodge Journey SXT – Hwy: 7.8 L/100 km and City: 12.6 L/100 km. ™The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc. ®Jeep is a registered trademark of Chrysler Group LLC.

A family-friendly fuel saver

ALL PHOTOS WHEELBASE

Engine

The hybrid features a 156-horsepower 2.5-litre four-cylinder engine that co-ordinates with a 141-horsepower electric motor for a combined 200 horsepower. That's up from the 2011 Camry's total of 187 horses, but a weight reduction of about 115 kilograms helped give the hybrid plenty of uphill and passing prowess.

2012 Toyota Camry Hybrid

- **Type.** Four-door, front-wheel-drive mid-size sedan.
- **Engine (hp):** 2.5-litre DOHC I4 with electric motor (200, combined).
- **Mileage:** L/100 km (city/hwy) 4.4/4.9.
- **Base Price (incl. destination):** $28,600.

Stretch-out room

The Camry hybrid's true strength, especially on long trips, is providing plenty of comfortable stretch-out room for front and rear-seat passengers alike. It's like getting mid-size accommodations, but with the fuel consumption of a compact car.

A minor drawback is the 13 per cent reduction in trunk volume when compared to gasoline-only Camry, which isn't overly generous to begin with. With an on-the-road starting price of $28,600 for the LE model, its only about $1,000 pricier than the smaller and more sluggish Prius.

That makes the Camry hybrid a family-friendly fuel saver without equal.

There's less trunk space in the hybrid than the standard Camry.

Review. Camrys are known for their spaciousness, but the Hybrid adds low-fuel consumption to the package

MALCOLM GUNN
Wheelbase Media

Cutting fuel consumption is only one of this Camry's many tricks, as a week of city and highway travel reveals.

Not with a bang but a whimper is how T.S. Eliot's poem The Hollow Men concludes. That also pretty much describes how Toyota's latest Camry Hybrid starts up.

Pressing the hybrid's "ON" button initially produces nary a sound, but does cause the dashboard gauge pods and control panel to glow.

But wait a few seconds and the gasoline engine portion of the duo gently comes to life as a reminder that it too is an integral part of the powertrain.

Studying the intricacies and idiosyncrasies of the Camry Hybrid involved a 3,000-kilometre excursion across a variety of city and country thoroughfares. From the outset, the idea was to drive the Camry as if it were any gasoline-powered vehicle.

On the highway the general flow of traffic was matched, which usually meant driving 15-25 km/h above the posted limits, with occasional passing bursts above that range.

When all was said and done, the Camry hybrid performed admirably. Average real-world fuel economy remained consistently in the 6.7-7.1 l/100 km range in combined city/highway driving. That's nowhere near Transport Canada's unrealistic claim of 4.7, but it's still pretty decent given the hot weather and use of A/C, load factor and exuberant driving circumstances.

The Camry hybrid is a competent piece of eco-hardware and without question is a cut or two above the first-gen model.

DRIVE

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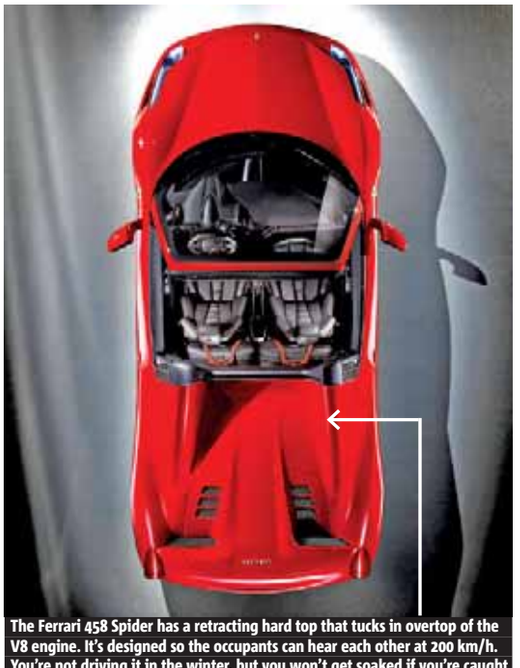
The Volkswagen EOS's mechanical tricks are fun to watch and when the roof is down it looks like it was designed that way. It holds four people and with front-wheel-drive and good tires, it could be used all year. ALL PHOTOS WHEELBASE MEDIA



The Ferrari 458 Spider has a retracting hard top that tucks in overtop of the V8 engine. It's designed so the occupants can hear each other at 200 km/h. You're not driving it in the winter, but you won't get soaked if you're caught in a downpour.

Evolution of the convertible

Auto Know.
It's been a long and winding road for the topless symbol of summer

TODD D. BURLAGE
Wheelbase Media

Hardtop convertibles are all the rage because they're weatherproof, they quiet down the ride and are rather cool to watch go up and down, actually. The Mercedes SLK, the Mazda Miata PRHT, the Volkswagen EOS and even the Ferrari 458 Spider put metal where cloth used to be. Push a button ... it's just that easy.

But even on the best days, a modern convertible will cook your head and vehicle interior when the weather is sunny and then freeze you out when the weather turns cold. Put in that context, it's tough to define — or even understand — the popularity turbulence of the American convertible in its 85 years on the road.

The automotive anomaly went from a curiosity in the 1930s, to a tragic James Dean snapshot of the 1950s, to near extinction in the 1970s, to resurrection in the 1980s ... and everywhere in between along the way.

Demand for the convertible will never reach the levels of the 1950s and 1960s when the 19-foot Lincoln Continental led the list of "Land Yachts" that became standard equipment on North American roadways.

But with convertible classics such as the Chevrolet Camaro and Corvette and the Ford Mustang on the 2013 product list, this topless symbol of summer and a staple of driving freedom remains strong.

"Whether it's enjoying a lazy drive on a winding two-lane or cruising to a local drive-in," Rex Roy wrote in a recent tribute story for Popular Mechanics. "Summer and convertibles go together like lemonade and ice tea."

The evolution of the convertible has been dramatic, mainly because automakers and engineers have spent decades chasing design flaws caused from all the moving parts needed to open and close or attach and detach the roof.

In the beginning, all cars were open air because they were nothing more than motorized horse buggies, where design efforts centred on engine performance and reliability, not on creature comforts ... like a proper roof and side glass or a heating system that could keep the glass from fogging up in a fully enclosed vehicle.

The demands for improved safety and shelter led Cadillac founder Henry Leland to introduce the fully closed body design in 1905. By 1925, the closed-cabin vehicle controlled 90 per cent of the market, essentially cutting out the open-air era, but not deterring an underground push for a true "convertible" that would balance the freedom of openness with the comfort of enclosure.

Quote

"Summer and convertibles go together like lemonade and ice tea." Rex Roy

The convertible needed a breakthrough, and it got one in 1939 when Plymouth introduced the first power-controlled top.

The convenience of the power top was a brief boon, but the fruits of those improvements would have to simmer as automobile production in North America was all but halted for six years during the Second World War from 1939-'45.

But a booming post-war economy, consumer confidence, fresh designs from General Motors and some slick concepts from Ford helped push demand for the convertible through the 1950s to more than five per cent of all new car sales, it's highest level on record.

Ford controlled much of the convertible market in the 1950s with its popular Thunderbird and Fairlane models. General Motors, meanwhile, was making a mark with its "hardtop" convertible design in the Cadillac Coupe de Ville and Buick Roadmaster. The hardtop convertibles were constructed with fixed roofs and not built with the manual top-off, top-on design. But the pillarless look and disappearing side windows offered the feel of a convertible with the added protection and safety of a closed vehicle. But, when it was off, the roof needed to go someplace, which was far from handy on long journeys.

The popularity of Ford models and the success of the GM hardtops kept convertible demand levels at about six per cent of the automotive market through the 1960s, and right up until social events and economic failure ended the Glory Days and put the North American convertible on the endangered list. The carefree attitude of the 1950s and '60s gave way to the recessive '70s with two oil embargoes, government proposals for expensive roll-over crash protection, and a general disapproval in the quality control of domestic automakers. Manufacturers continued to drop convertibles from their assembly lines and in 1976, Cadillac announced its Eldorado would be the "last convertible in America," prophetically holding that distinction until Chrysler saviour Lee Iacocca unveiled the wildly popular Chrysler LeBaron convertible in 1982.

After a five-year hiatus, manufacturers were again making convertibles and Iacocca was being celebrated for saving both Chrysler and the North American convertible.

Ford and GM followed suit and converted their popular-selling Sunbirds, Cavaliers, Mustangs and Camaros, while Chrysler continues to manufacture its popular Sebring (now 200) convertible.

European and Asian automakers offer a more eclectic lineup for convertible enthusiasts and budgets but most significant is that most sports cars were convertibles, whether MGs, Triumphs or the amazing Austin Healey Hundred.

Of course, the unmatched comfort of the traditional closed-air sedan will always keep the convertible in its isolated place among new car buyers, but the convenience of the metal folding top is helping to make it easier to justify what was once considered a frivolous second-car purchase.

A convertible as a primary mode of transport? Yes, indeed, as they now merge somewhat sensible transportation and wind-in-your hair freedom into one vehicle.

Mazda began offering a power retracting hard top for the MX-5 Miata since the 2007 model year. Great looking and more security, although there's an obvious sacrifice when it comes to luggage space when the top is folded away.

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*Limited time lease offers for a maximum of 24 months at 0.99% lease APR available through Honda Financial Services Inc., on approved credit. Representative lease example: based on a 2012 Honda CR-V LX 2WD (Model RM3H3CE) on a 24 month term at 0.99% lease APR, the monthly payment is $503.37 [includes $1,640 freight and PDI, EHF tires ($29), EHF filters ($1), A/C tax ($100), and OMVIC fee ($5)] with $0 down payment or equivalent trade-in, $0 security deposit and first monthly payment due at lease inception. Total lease obligation is $12,080.88. 48,000-kilometre allowance; charge of $0.12/km for excess kilometres. See your Ontario Honda Dealer for a complete list of eligible vehicles. **Limited time purchase financing offers for a maximum of 36 months at 0.99% APR available through Honda Financial Services Inc., on approved credit. Representative Finance example: based on a 2012 Honda CR-V LX 2WD (Model RM3H3CE) on a 36 month term at 0.99% APR and complete price of $27,765 [includes $1,640 freight and PDI, EHF tires ($29), EHF filters ($1), A/C tax ($100) and OMVIC fee ($5). Excludes taxes, license, insurance, and registration], the monthly payment is $783.08. Cost of borrowing is $425.88 for a total finance obligation of $28,190.88. Down payment or equivalent trade-in on purchase financing offers may be required based on approved credit from Honda Financial Services Inc. See your Ontario Honda Dealer for a complete list of eligible vehicles. ^$500 Gas Card offer applies only to retail customer purchase or lease agreements for new 2012 Honda Civic models (except Civic Hybrid) and CR-V models concluded between August 12th, 2012 and August 31st, 2012 at participating Ontario Honda Dealers. $500 Gas Card offer includes GST, PST, HST, QST where applicable and consists of $500 Customer Incentive from Honda Canada Inc. for all 2012 Civic models (except Civic Hybrid); and $250 Customer Incentive from Honda Canada Inc. plus $250 Customer Incentive from individual Ontario Honda Dealers for all 2012 CR-V models.†Receive 1.99% purchase financing on any new 2012 Honda Civic DX Sedan (Model FB2E2CEX) for a maximum of 84 months available through Honda Financial Services Inc., on approved credit. Bi-weekly Finance example: based on a 2012 Honda Civic DX Sedan (Model FB2E2CEX) equals 182 bi-weekly payments of $97 over an 84 month term at 1.99% APR, complete price of $16,520 [includes $1,495 freight and PDI, EHF tires ($29), EHF filters ($1), A/C tax ($100 except Honda Civic DX), and OMVIC fee ($5). Excludes taxes, license, insurance, and registration]. Cost of borrowing is $1,190.42 for a total finance obligation of $17,710.42. Down payment or equivalent trade-in on purchase financing offers may be required based on approved credit from Honda Financial Services Inc. ΩLimited time lease offers on a new 2012 Honda CR-V LX 2WD (Model RM3H3CE) available through Honda Financial Services Inc., on approved credit. CR-V model shown is a 2012 Honda CR-V LX 2WD with Optional Equipment (Model RM3H3CE). Representative lease example: based on a 2012 Honda CR-V LX 2WD (Model RM3H3CE) on a 48 month term at 2.99% lease APR, the monthly payment is $287.99 [includes $1,640 freight and PDI, EHF tires ($29), EHF filters ($1), A/C tax ($100), and OMVIC fee ($5)] with $3,879 down payment or equivalent trade-in, $0 security deposit and first monthly payment due at lease inception. Total lease obligation is $17,702.52. 96,000-kilometre allowance; charge of $0.12/km for excess kilometres. ◆$4,000 customer cash incentive is valid on any new 2012 Honda Accord Sedan or Coupe, 2012 Honda Pilot and 2012 Honda Ridgeline models registered and delivered between August 1st and August 31st, 2012. Cash incentive is available for all Honda retail customers except customers who lease or finance through Honda Financial Services Inc. at a subvented rate of interest offered by Honda as part of a low rate interest program. All advertised lease and finance rates are special rates. Cash incentive will be deducted from the negotiated price before taxes. For all offers: license, insurance, PPSA, and other taxes (including HST) are extra. Taxes payable on full amount of purchase price. Offers only valid for Ontario residents at Ontario Honda Dealers. Dealer may sell/lease for less. Dealer order/trade may be necessary. Vehicles and accessories are for illustration purposes only. Offers subject to change without notice. See your Ontario Honda Dealer or visit HondaOntario.com for full details. **Based on Association of International Automobile Manufacturers of Canada (AIAMC) data reflecting sales between 1997 and December 2011.

SCAN HERE FOR MORE INFORMATION

Check used Nitro for transmission issues

Second Gear.
2007 to 2011
Dodge Nitro

JUSTIN PRITCHARD
drive@metronews.ca

Nitro brought Dodge's presence to the utility vehicle scene occupied by models like the Nissan Rogue and Hyundai Santa Fe.

Driver-selectable four-wheel drive, plenty of ground clearance and a solid rear axle made this a family-ready ute that could handle towing and off-road use with ease.

Trim levels started with SE for a 'basic' Nitro, with SXT, SLT and R/T filling the model range from less to more loaded.

TORSTAR NEWS SERVICE

Common Issues

Be sure to "feel" for any signs of transmission slippage or a "shudder" at lower speeds and under light loads — which could indicate a problem with the transmission or torque converter, or the computer that controls them. If the transmission exhibits any of these symptoms, be sure to have it checked. Some owners have reported transmission or torque converter replacement under warranty.

Have a mechanic inspect your candidate for signs of oil leakage — particularly around the rear of the oil pan, and at the rear differential. Be sure any leaks are remedied ahead of your purchase.

Finally, check the ceiling liner and front footwells for signs of moisture that could be caused by a leaky sunroof, if equipped.

Engine

Power came from a 3.7-litre, 210-horsepower V6, or a 4-litre V6 with up to 260 horsepower. Manual and automatic transmissions were available.

What Owners Like

Nitro owners rate ride, handling, flexibility, confidence, and all-season traction highly. The upgraded stereo is well liked, as is the styling and overall "bang for the buck" where feature content is concerned.

What Owners Dislike

Common complaints include limited footwell space, limited headroom for taller drivers, and a long reach for the gear shifter.

Verdict

Styling, driving dynamics and a high degree of capability and utility are the largest draws to the Nitro as a used buy. Seek the advice and approval of a trained Dodge mechanic ahead of your purchase.

Believe it or not folks, this happens on the regular. ISTOCK

Distracted driving is a real issue

THE WHEEL DEAL
Todd Bourgon,
Executive Director,
Trillium Automobile
Dealers Association

Nobody ever wants to think about being in an accident. Being involved in a car accident is certainly a scary experience and with Labour Day approaching, I thought it was timely to talk about one of today's most preventable causes of accidents — distracted driving.

Distracted driving to most means not driving hands free, but the reality is it comes in many different forms. As a commuter I see so many people that are preoccupied with everything but driving while behind the wheel of a car.

In my one-hour commute recently, I watched someone put their makeup on in their rear-view mirror while travelling in rush hour, I also saw others shaving with an electric shaver, reading a page of the newspaper, talking on their phones without a hands-free device and many others texting or answering email.

I have seen more people rear ended on highways and at stop lights that I can remember. It seems that many have lost sight that they are operating a heavy vehicle capable of hurting or killing themselves or an innocent bystander by not paying attention. Many of our dealers report that they are seeing a large increase in the accident vehicles they repair as a result of some form of distracted driving.

I speak about this because as drivers, we all have a responsibility to ourselves, our families, fellow drivers and those simply waiting to cross a road.

We need to be focused and committed to our task at hand in operating a motor vehicle as safely as possible. With the upcoming long weekend I hope everyone will think twice of the negative impact distracted driving can have and remind yourself that a text, phone call, shaving or make up application can wait until you reach your destination safely.

Wishing everyone a safe and happy holiday weekend.

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Tips for finding the perfect used car

The new school year means new classes, new friends and, for many students, a new commute. Most students have to hit the road before they can hit the books, so finding a reliable car on a student budget is the semester's first lesson.

Whether you're a student heading to your first new home away from home, or looking for a cool but reliable way to get to class, there's still time to find the perfect used vehicle. Here are some practical, simple tips to help you find the perfect car on a budget, as well as a list of the most reliable used cars under $10,000.

• Always ask the seller for the Used Vehicle Information Package (UVIP) and request a copy of the vehicle's CarProof Vehicle History Report.

• Have a professional inspection done by a licensed technician. This can help avoid unanticipated problems and expenses later on.

• Arrange the test drive when the engine is completely cold to get a better idea of how the car starts, regardless of how long it's been parked.

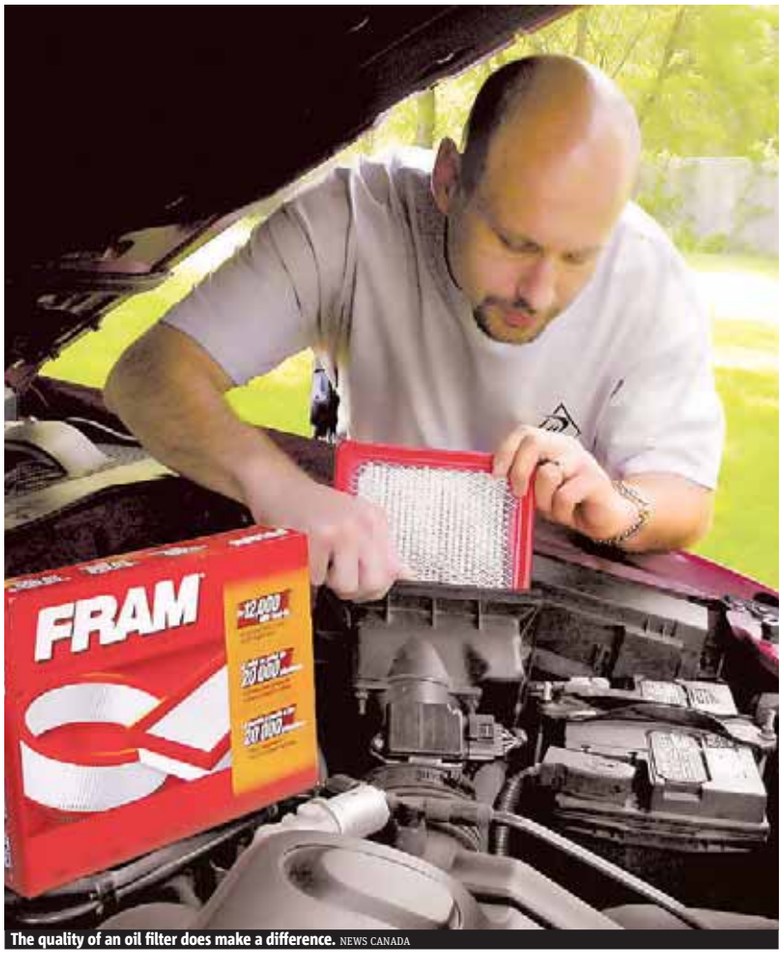
• Count the kilometres. You may need to consider some maintenance when a vehicle has accumulated over 100,000.

Top 5

Kijiji Canada's top back-to-school cars (under $10,000):

- **2005 or 2006 Honda Civic**: Sporty, fun, and reliable, this has been a top seller in Canada for over the past 10 years, so there are lots to choose from.
- **2005 or 2006 Mazda3**: A great alternative to the Civic, but a bit more stylish.
- **2007 or 2008 Hyundai Elantra**: A few years newer than most of the other models on the list, the Elantra is a reliable, comfortable, and predictable car.
- **2004 Ford Mustang (V6)**: More attitude and character than most cars at this price point.
- **2007 or 2008 Pontiac Vibe**: While GM retired the Pontiac brand, the Vibe is a still a versatile hatchback with lots of space. **NEWS CANADA**

It's a good idea to have a licensed technician perform a professional inspection before you make a used car purchase. NEWS CANADA



The quality of an oil filter does make a difference. NEWS CANADA

What do I ask when getting an oil change?

Advice. Don't blindly get maintenance done on your car, have a plan instead

Oil changes are probably the most common of automotive services — performed so frequently that consumers may often pass up the opportunity to get more for their service dollar.

With automakers trying to gain increased efficiency, the "ordinary" oil change is becoming more comprehensive. Not only are companies recommending synthetic motor oil, but many automakers are developing their own oil specifications.

"The best way for consumers to ensure that they're getting optimal protection and using a product that meets factory specs is to ask a few questions to their service provider," says Jay Buckley, an ASE-certified master mechanic and technical training manager at Fram Group.

Doing your homework by reading the owner's manual is always a plus, he notes, but simply knowing what to ask will go a long way. Here are Buckley's recommendations:

Ask what's included in the service

Many dealers and service stations bundle several different inspections in with the oil change. It's a great time for a mechanic to inspect brakes, hoses and undercar components to help stop a small problem from becoming a big and expensive one. In most cases, these additional inspections are a bargain.

Ask if the right specification of motor oil is being used

Oil-change facilities like to use "bulk oil," which as the name implies, is a single viscosity grade and specification of oil bought in bulk from a supplier. It will often suffice for many motor vehicles, but certainly not all. If your car or SUV requires a specialized formula of motor oil, such as high-efficiency 0W-20 synthetic, or a manufacturer's specification, such as GM dexos, this "standard" oil may cause problems and potentially invalidate the new-car warranty.

Ask if a premium oil filter will be installed

Often overlooked during an oil change is the quality of the oil filter. A premium filter, such as Fram UltraTM, can trap more damaging dirt from circulating through your engine. In standardized tests, this filter had double the dirt-holding capacity of the leading economy filter brands' average. The ability to trap and hold harmful particles for as much as 24,000 km becomes much more important as automakers extend service intervals, often to just once a year.

How your mechanic handles these questions can help you determine if you trust his or her work. Not only that, but you'll become an informed consumer, more knowledgeable about protecting your automotive investment. **NEWS CANADA**

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** $18,000 at 0%/0.99%/2.99% APR for 60/72/84 months with a down payment of $0 or equivalent trade-in, monthly payment is $300/$257.60/$237.76, interest cost of borrowing is $0/$547.20/$1,971.84 or APR of 0%/0.99%/2.99% and total to be repaid is $18,000/$18,547.20/$19,971.84. Down payment may be required based on approved credit from Ford Credit. Taxes are payable on the full amount of the purchase price. Example, purchase finance a vehicle with a value of $18,000 at 0%/0.99%/2.99% APR for 60/72/84 months with a down payment of $0 or equivalent trade-in, monthly payment is $300/$257.60/$237.76, interest cost of borrowing is $0/$547.20/$1,971.84 or APR of 0%/0.99%/2.99% and total to be repaid is $18,000/$18,547.20/$19,971.84. Down payment may be required based on approved credit from Ford Credit. Taxes are payable on the full amount of the purchase price. Offers include freight, air tax, PPSA and Stewardship Ontario Environmental Fee but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. Delivery Allowances can be used in conjunction with most retail consumer offers made available by Ford of Canada at either the time of factory order or delivery, but not both. Delivery Allowances are not combinable with any fleet consumer incentives. Employee Pricing is not combinable with CPA, GPC, CFP, Daily Rental Allowance and AX/ZD/F-Plan programs. ** Until August 31, 2012, receive 0%/0.99%/2.99% APR purchase financing on new 2012 Focus (excluding S and Electric) and Fiesta (excluding S) models for a maximum of 60/72/84 months to qualified retail customers, on approved credit (OAC) from Ford Credit (not all buyers will qualify for the lowest APR payment).

Driver training best left to non-parents

Autopilot

AUTO PILOT
Mike Goetz
drive@metronews.ca

You can never start not listening to your father too early. Amelia Goetz, around 1 1/2 years old, behind the wheel of her father's Jaguar and not looking at all where she's driving. CONTRIBUTED

Sixteen candles light up Amelia's birthday cake. They also produce an invisible cloud of angst, which settles nicely in her father's psyche.

Looming directly ahead: The Year Amelia Learns to Drive.

The father is an automotive journalist, and more than familiar with the statistics, which show teenage drivers are particularly good at crashing.

Young people like to travel in packs. Net result: A motor vehicle accident is the leading cause of death for people 15-24 years of age (Statistics Canada). That group had 2,247 total deaths in 2007 — 703 were due to motor vehicle accidents.

His line of business has also made him ruminate quite a bit on how one should go about driving a motor vehicle. Family members have even mentioned, on several occasions, that he might ruminate about such matters a bit too much. So he wonders if he might be too harsh a critic for a burgeoning driver, and for one he is already holding his breath for…

He also understands that maybe he knows the student too well. He cannot forget, for instance, all the absent-minded manoeuvres and poor decision-making she displayed when she was four.

The father also remembers how he was taught to drive by his own father — a generally successful endeavour, punctuated by a memorable blow-up that made suppers awkward for several weeks later, until respective tempers cooled down. The student at the time always thought that a professional instructor would not have gotten quite that angry at him for "almost" driving into a big fence post. (Though time has seen that student sympathize a bit more with his old man, and that man's feelings for his prized, brand-new 1973 Plymouth Fury II.)

All this made the current father wonder if he was the right man for the job.

It was always the family's plan to get Amelia into a professional driving course at some point. What harm would it do, for the father to first teach her some basics?

So when Amelia recently obtained her beginner's licence (known as G1 in Ontario), and requested a first lesson from her father, the father said "OK."

While Amelia meandered around the Loblaws' parking lot somewhat inconsistently, the father forced himself to be especially calm, encouraging, and instructive. He took solace in the fact that this particular student always came through in the end, always took responsibility, and could already do many clever things. He took pains not to instruct too much. He thought things went well.

Funny then, that Amelia remembers it differently. She remembers her father being too tense and nervous, too wordy, and too critical. It was an environment, she says, not at all conducive to learning a difficult task.

Driver training is best left to the professionals — they know their stuff, and they're not the parents.

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Top Gear

Three-in-one light

No vehicle should be without some form of emergency lighting. The Glove Box Light from Smittybilt is really three flashlights in one since it features a light emitting diode (LED) laser light, an eight-LED spotlight and a 16-LED wand light, all in one neat little package. The Glove Box Light has been designed for maximum brightness with minimal energy consumption so that the three AAA batteries included with the product will last a long time. In addition, the magnetized base lets you stick it to most metal surfaces, which is very handy when making repairs underneath your car. The Glove Box Light is available in a variety of colours, including black, silver, red, blue and clear for $16 US each. The place to order yours is smittybiltdepot.com.

Have a blast

If you're fanatical about cleaning your car, you'll want to consider an Air Force Blaster from Metro Vacuums. The device blows warm, filtered air onto your vehicle and reduces the risk of leaving scratches or swirl marks caused by using cloths or towels that could occur from wiping your car dry. And with its narrow nozzle head it can get at hard-to-reach seams, grilles, door gaps, etc., on the exterior as well as interior areas, all without leaving any streaks or water spot marks. The manufacturer also claims it's safe to use on all painted and chrome surfaces and will not disturb a waxed finish. Prices range from about $170 for the basic four-horsepower model, up to $322 for the eight-horse Master Blaster unit. All the details and where-to-buy info can be found at cardryer.com. **WHEELBASE**

I'll teach you how to stunt

Local motorcycle showman Jason Thompson rides a wheelie during the weekend at the inaugural SouthSide Bethlehem Bike Show in Bethlehem, Pa.

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Century-old technology helps current hybrids

Driving Force.
Atkinson cycles decrease power in engines, but increase fuel efficiency

JIL MCINTOSH
drive@metronews.ca

Atkinson cycle facts

- Every new Toyota and Lexus hybrid uses the Atkinson cycle, to increase its fuel efficiency.
- Older Atkinson cycle engines used mechanical methods to adjust the stroke, but modern engines use electronics to adjust the valve timing.

The Toyota Prius C uses the Atkinson cycle. JIL MCINTOSH/FOR METRO

It's been said that "everything old is new again." That's definitely the case with the Atkinson cycle engine, which is used on several hybrid vehicles, including the Toyota Prius. This modern technology is based on a system devised by James Atkinson back in the 1880s.

"You're drawing more energy out of the gasoline," says John-Paul Farag, manager of advanced technology and powertrain at Toyota Canada. "There's no extra maintenance, and it doesn't feel any different, but it's a different way of timing the valves to squeeze more power out of the fuel."

Engines contain pistons, which move up and down to turn a large central crankshaft that eventually powers the wheels, much the same way that your legs go up and down to pedal a bicycle. The pistons are powered by gasoline, and the length of their movement is called the stroke. Each piston makes four strokes per cycle: drawing in gasoline vapour, compressing it, providing the power, and then pushing out the exhaust.

By adjusting the opening and closing of the valves that let in the gasoline, engineers can adjust the length of each stroke. In an Atkinson cycle, the piston strokes are manipulated to be as fuel-efficient as possible. This means the engine isn't as powerful, which is why the Atkinson cycle isn't used in regular vehicles.

"What we're trying to achieve is a much more efficient cycle, but the drawback is at the expense of power," Farag says. "It's ideal for hybrids, because they have electric motors to compensate."

When more power is needed, such as for acceleration — power that a regular Atkinson cycle engine wouldn't be able to provide on its own — the hybrid's electric motor runs in conjunction with the gasoline engine to give the driver what's needed. While hybrids traditionally get their best mileage in the city, the Atkinson cycle also allows them to achieve excellent fuel economy on the highway, since the electric motor and gasoline engine work together.

Congratulations Martine!

The winner of Toyota's Pick Your Prius contest is Martine Bell. She picked the car that suited her family best: the original Prius!

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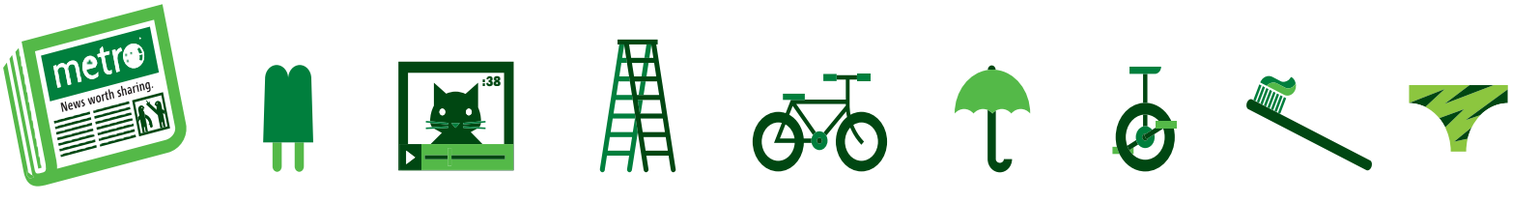

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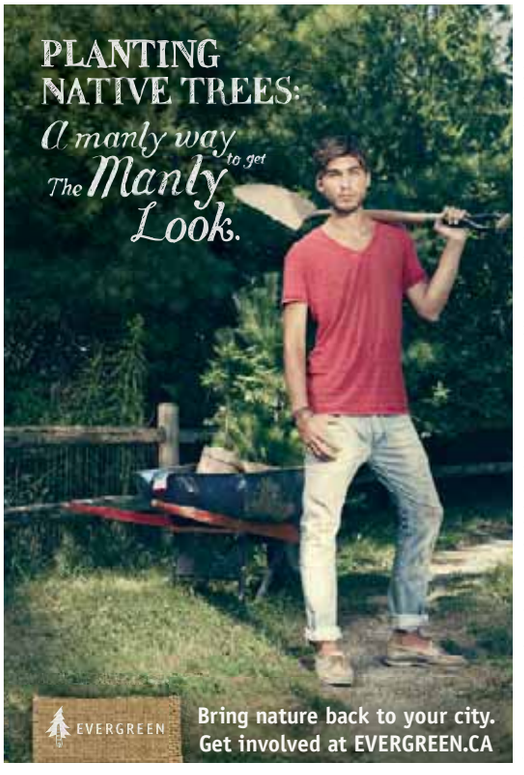
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Horoscopes

♈ Aries
March 21 - April 20
If you look at the big picture today while leaving the details to other people, you will come unstuck. One detail in particular, if neglected, could cause you all sorts of problems, especially at work.

♉ Taurus
April 21 - May 21
You may be generous by nature but there are times when you need to do less for others and more for yourself, and this is one of them. What is it you most desire? Go out and get it today.

♊ Gemini
May 22 - June 21
The Sun's move into one of the more emotional areas of your chart will show you how you have been neglecting family and loved ones. It's not too late to do something about it but start now.

♋ Cancer
June 22 - July 23
If you are bored with the same old places and the same old faces, why not get up and get on the move? If you think about it, there is nothing to hold you back — though that won't stop some people from trying.

♌ Leo
July 24 - Aug. 23
The Sun moves into the money area of your chart today, so you need to pay attention to your spending habits. If you have been living beyond your means then cutbacks have to be made. No, not later — right now!

♍ Virgo
Aug. 24 - Sept. 23
A new solar year begins today and already you can sense that it will be a special one. Never mind about all those promises you made and never lived up to — dare to dream and your dreams will come true.

♎ Libra
Sept. 24 - Oct. 23
You may not have achieved as much as you wanted to by this stage of the year but don't feel bad about it because there is still time to make a difference. You have so much to look forward to, so smile.

♏ Scorpio
Oct. 24 - Nov. 22
Anyone who thinks you are too cautious will be surprised by the things you get up to over the next few days. You have the planets' permission to, if not break the rules exactly, to at least bend them a little.

♐ Sagittarius
Nov. 23 - Dec. 21
You won't be content with minor victories today — you want to show the world that you are the best at what you do. Ambition is a wonderful thing, but do you have self-knowledge to go with it?

♑ Capricorn
Dec. 22 - Jan. 20
The Sun's move into your fellow Earth sign of Virgo marks the start of a four-week phase when most things will go right for you. Does that mean you should take a few more chances? Yes it does.

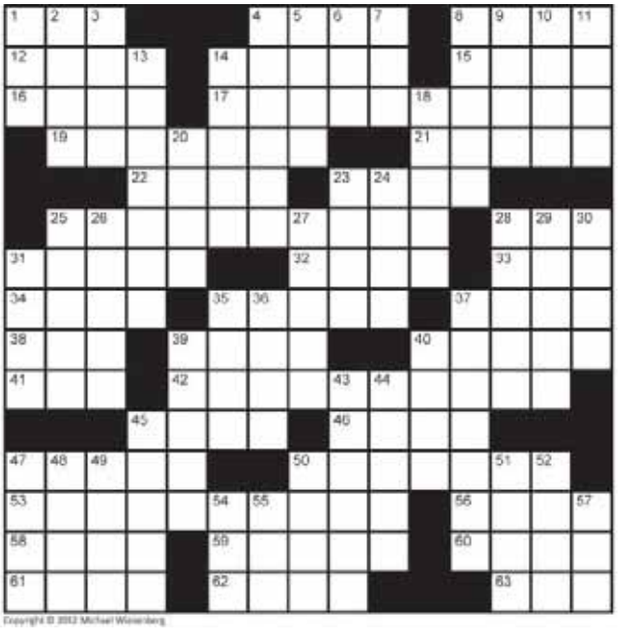
♒ Aquarius
Jan. 21 - Feb. 19
As an Aquarian you are used to the ups and downs of life but even you need a safe and stable place to rest once in a while. If you haven't got such a place you need to start making one now.

♓ Pisces
Feb. 20 - March 20
The Sun in Virgo over the next few weeks will bring partnership issues to a head and that's good. There can be no more running away from your emotions — you have got to share your feelings with the world.

SALLY BROMPTON

Crossword: Famous Canadians

BY MICHAEL WIESENBERG



Across
1. ___ Paulo, Brazil
4. Altar end of a church
8. Operatic solo
12. A tbsp. contains three
14. Snooped
15. Throw away
16. Perhaps the most common word heard in early Beatles songs
17. Sudbury, Ontario-born *Jeopardy!* host (2 wds.)
19. Applauded
21. Lets up
22. Come ___ end: conclude (2 wds.)
23. Ball-shaped cheese
25. Art ___: Moose Jaw, Saskatchewan-born *House Party* and *People Are Funny* host
28. "Do ___ say!" (2 wds.)
31. Indian currency
32. 10 million of them equal a joule
33. Capt.'s subordinates
34. Hertz Rent-___-___
35. 640 make 1 square mile
37. Toronto-born classical pianist Gould
38. "Just a___": little bit
39. Cupid
40. Icy precipitation
41. Snake warning
42. Ottawa-born star of *The Blues Brothers* and *Ghostbusters* (2 wds.)
45. 2:1 or 3:1
46. Consumes
47. "See if ___!" (2 wds)
50. Lightweight umbrella
53. Montréal-based 2011 Juno Album of the Year winning group (2 wds)
56. A Great Lake
58. After-dinner candy
59. John ___: first American to orbit the earth and, later, Ohio senator
60. Alta. neighbor
61. Something in one's bonnet, maybe (2 wds.)
62. Rowboat equipment
63. Fall behind

Down
1. Pig pen
2. "Be with you in ___!" (2 wds)
3. Australia's gemstone
4. Garfield's feline girlfriend
5. "The ___ Piper of Hamelin"
6. Gender
7. Summer time in Ont.
8. The ___: series starring Mr. T (2 wds.)
9. Burglarizes
10. "Mmm-hmm" (2 wds.)
11. Requests
13. Montréal-born *Star Trek* star
14. Concerning the Vatican
18. Raises
20. Jab
23. To be: Fr.
24. Grads get them: abbr.
25. George who created *Star Wars*
26. Apple tablet computers
27. ___ firma: ground beneath one's feet
28. Common trashcan site
29. Horse
30. "It ___ your concern": "None of your business"
31. "Drat!"
35. *Diary of* ___ *Housewife* (2 wds.)
36. Jailbirds
37. ___ over: examines perfunctorily
39. Appended
40. Spanish equivalent of mlle.
43. Aches (for)
44. Actress Black or Allen
45. Speechify
47. "___ Rock": Simon and Garfunkel hit
48. Baby's bed
49. Teenager's problem
50. Fishing site
51. Spoken
52. Bart Simpson's sister
54. Megalomaniacal feature
55. Tampa's state: abbr.
57. Heart measure, for short

Yesterday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

6								7
	3	2				9	1	
			5	3	9			
		4	6	8	5	1		
2	5						8	6
		6	4	2	7	5		
			2	9	1			
	7	3				6	2	
1								9

Yesterday's Sudoku

3	8	7	2	1	9	6	5	4
5	4	2	6	7	3	8	1	9
1	9	6	4	5	8	7	2	3
4	3	1	9	8	7	5	6	2
6	5	9	1	4	2	3	7	8
2	7	8	3	6	5	4	9	1
7	1	3	5	9	4	2	8	6
9	2	5	8	3	6	1	4	7
8	6	4	7	2	1	9	3	5

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Thursday
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HWY (A/T): 6.2L/100KM
CITY (A/T): 9.5L/100KM **Sorento SX shown**△

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– OR –

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Sportage SX shown△

HWY (A/T): 6.2L/100KM
CITY (A/T): 9.4L/100KM

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Kia's new Customer Friendly Pricing includes delivery and destination fees and all mandatory government levies. Prices do not include dealer administration fees ($399 to $699), licensing, PPSA or applicable taxes.

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Offer(s) available on select new 2012/2013 models through participating dealers to qualified customers who take delivery by August 31, 2012. Dealers may sell or lease for less. Some conditions apply. Offers are subject to change without notice. See dealer for complete details. Vehicle images shown may include optional accessories and upgrades available at extra cost. All offers exclude licensing, registration, insurance, other taxes and down payment (if applicable). Other dealer charges may be required at the time of purchase. Other lease and financing options also available. **0% purchase financing is available on select 2013 Kia models on approved credit (OAC). Terms vary by model and trim, see dealer for complete details. Representative financing example based on 2013 Rio5 LX MT (ROF51D) with a selling price of $15,684 (includes delivery and destination fees of $1,455, other fees of $34, OMVIC fee, environmental fee and A/C tax ($100, where applicable)) financed at 0% APR for 36 months. Bi-weekly payments equal $201 with a down payment/equivalent trade of $0. Cost of borrowing is $0 for a total obligation of $15,684. License, insurance, applicable taxes, variable dealer administration fees (up to $699), PPSA, and registration fees are extra. Retailer may sell for less. See dealer for full details. ≠Bi-weekly finance payment for 2013 Sorento LX AT (SR78BD)/2013 Sorento 3.5 LX V6 (SR75ED) based on a selling price of $29,078/$31,678 is $157/$176 with an APR of 0%/1.49% for 60 months, amortized over an 84-month period. Estimated remaining principal balance of $8,165/$9,005 plus applicable taxes due at end of 60-month period. Offer includes a loan savings of $500. Delivery and destination fees of $1,650, other fees of $34, OMVIC fee, admin fees of $399, environmental fee and A/C tax ($100, where applicable) are included. License, insurance, applicable taxes, PPSA, and registration fees are extra. See dealer for full details. ¥Lease offer available on approved credit (OAC) on 2013 Sportage 2.4L LX MT FWD (SP5FDD) is based on monthly payments of $245 (includes delivery and destination fees of $1,650, other fees of $34, OMVIC fee, admin fees of $399, environmental fee, A/C tax ($100, where applicable), $550 lease service fee, and a lease savings (lease credit) of $500) for 48 months at 0.9%, with a $1,499 down payment/equivalent trade, PPSA, security deposit and first monthly payment due at lease inception. Total lease obligation is $12,238 with the option to purchase at the end of the term for $11,773. Lease has 16,000 km/year allowance (other packages available and $0.12/km for excess kilometres). License, insurance, applicable taxes and registration fees are extra. ‡Loan savings for 2013 Sorento LX AT (SR78BD)/ 2013 Sorento 3.5 LX V6 (SR75ED) is $500 and is available on purchase financing only on approved credit (OAC). Loan savings vary by model and trim and are deducted from the negotiated selling price before taxes. Some conditions apply. ^2012 Rio 4-S Sedan/Rio5/Forte/Forte Koup/Forte5/Sorento from a participating dealer between August 1 – August 31, 2012. Eligible lease and purchase finance (excluding Flex(Choice) customers will receive a cheque in the amount of three payments (excluding taxes) to a maximum of $500/$300/$550/$550/$550/$550/$550/month. Lease and finance purchases are subject to approved credit. Customers will be given a choice between up to $900/$900/$1,050/$1,050/$1,050/$1,650 reductions from the selling/leasing price after taxes or dealer can issue a cheque to the customer. Some conditions apply. See your dealer for complete details. ^^Model shown Manufacturer's Suggested Retail Price for 2013 Sorento 3.5L SX AWD 7-seater (SR75XD)/2013 Sportage 2.0T SX w/ Navigation (SP75SD) is $45,045/$39,145 and includes delivery and destination fees of $1,650, other fees of $34, OMVIC fee, environmental fee and A/C tax ($100, where applicable). License, insurance, applicable taxes, variable dealer administration fees (up to $699), PPSA and registration fees are extra. Retailer may sell for less. See dealer for full details. Available at participating dealers. ^Highway/city fuel consumption is based on the 2013 Sorento 2.4L GDI 4-cyl (A/T)/2013 Sportage 2.4L MPI 4-cyl (A/T). These estimates are based on Transport Canada's approved criteria and testing methods. Refer to the government of Canada's *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary based on driving habits and other factors. Some conditions apply to the $500 Grad Rebate Program. See dealer for details. Information in this advertisement is believed to be accurate at the time of print. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. KIA is a trademark of Kia Motors Corporation.